

# NATIONAL ACTIVE AND RETIRED FEDERAL EMPLOYEES SAN FRANCISCO CHAPTER 65



## SENTINEL



Meets 3<sup>rd</sup> Wednesday each month, FOB, 90 7<sup>th</sup> St, near Market

**Sen. Kamala Harris**  
Senate Office Building,  
Washington DC 20510

**Sen. Dianne Feinstein**  
Senate office Building  
Washington DC 20510  
Phone 1-202-224-3841  
1 Post St Suite 2450  
San Francisco CA 94104  
Phone 415-393-0707

**Rep. Nancy Pelosi**  
House Office Building  
Washington DC 20515  
Phone 1-202-225-4965  
90 7<sup>th</sup> St Suite 2-800  
San Francisco CA 94102  
Phone 415-556-4862

**Rep. Jackie Speier**  
House Office Building  
Washington DC 20515  
Phone 1-202-225-3531  
155 Bovet Road Suite 780  
San Mateo CA 94402  
Phone 415-566-5257

**NARFE HOT LINE**  
Phone 1-877-217-8234  
**White House**  
Phone 1-888-225-8418  
**Congress Switchboard**  
Phone 1-866-220-0044

### PRESIDENT

Jerry Hall  
415-412-0488

### 1<sup>st</sup> VICE PRES

Martha Raup  
415-334-6380

### 2<sup>nd</sup> VICE PRES

Juanita Tamayo Lott  
415-292-6221

### SECRETARY

Jane Ramos  
415-826-3337

### TREASURER

Dianne Joseph  
415-334-6380

### EDITOR

Joe Mangiameli  
415-359-9644

### SERVICE OFFICER

Pauline Jue  
415-584-8141

### MEMBERSHIP

Mike Crahan  
415-285-2417

### LEGISLATION

Jon Lampman  
925-228-8501

### PUBLIC RELATIONS

Leslie Ching  
415-641-6245

### AUDIT & BUDGET

Jesse Ramos  
415-826-3337

### PROGRAM

Jerry Hall  
Jane Ramos  
Helen Rogers  
Roz Itelson

### SUNSHINE

Sue Mangiameli  
415-359-9644

### ALZHEIMER'S

Frank Morelli  
415-563-8361

### TELEPHONE

DorisMarie Hagopian  
415-776-5199

### WEBMASTER

Dianne Joseph  
**NARFE NET**

Martha Raup

### IMMEDIATE PAST

### PRESIDENT

Jane Ramos

## JANUARY 2017 NEWSLETTER

**OUR NEXT MEETING IS ON WEDNESDAY JANUARY 18, 2017.**  
**EXECUTIVE BOARD MEETING 10:30 AM; AT FOB, 90 7TH ST 11TH FLOOR RM 11-010**  
**GENERAL MEETING 1:00 PM - LOWER LEVEL - RM B-120**  
**PHOTO ID REQUIRED TO ENTER BUILDING.**

### CALENDAR OF EVENTS

JAN 18 "EXPLORING NARFE WEBINARS" WITH 1<sup>ST</sup> VP MARTHA RAUP  
FEB 15 ANNE MORKILL, REFUGE COMPLEX MGR., U. S. FISH AND WILDLIFE SERVICE  
MAR 15 LUNCHEON: HARD KNOX CAFÉ, 2448 CLEMENT STREET, SAN FRANCISCO, CA

**PRESIDENT: JERRY HALL; 229 De Montfort Ave, SF, CA 94112; 415-412-0488, fritz1313@hotmail.com**  
**GREETINGS AND CONGRATULATIONS TO ALL CHAPTER MEMBERS WITH BIRTHDAYS AND/OR ANNIVERSARIES IN JANUARY...**

**2017 Pay Increase/COLA:** One good thing that Federal workers have to look forward to in 2017 is a pay raise of 2.1%. Workers in the Bay Area will receive the highest Locality Pay in the country which will help them deal with the high cost of just about everything in the area. Unfortunately retirees will see little increase and more likely a decrease when they factor in higher medical costs. Many of the Northern California health plans went up 5-10% for 2017. I doubt that anyone's Social Security or pension increase of 0.3% will cover their health care cost increases. And there are new rumblings as the new congress assembles that the Consumer Price Index for Urban Wage Earners and Clerical Workers (CPI-W) used for Cost-of-living adjustments (COLAs) to federal civilian and military retirement annuities, as well as Social Security benefits, veterans' benefits and disability benefits should be replaced by the Chained CPI which would slow the growth of COLAs, resulting in smaller annual adjustments (even smaller than 0.3%).

**Voice Your Opinion To Congress:** So I guess we need to start the year off with a bang and begin the influence cycle, letting our representatives know that current COLAs are insufficient and that a move to reduce them would simply create more low income seniors. I believe the growing population of older Americans can and should begin to speak up loudly about foolish savings that are simply increasing the wealth divide within our country. Some folks ask why we should contact representatives who already support our efforts. I reply that in the current environment being quiet means you agree with proposals, such as reducing COLAs. We speak up to ensure that politicians are clear about our interests. We will learn more as the year progresses about other issues we must address and raise our voices to ensure that people and their needs come first.

**National NARFE Strategic Planning Committee:** In 2017 I will begin working with the National NARFE Strategic Planning Committee to help guide NARFE as it modernizes and finds ways to remain relevant, worthwhile, and successful in its mission to provide "tireless advocacy and trusted advice." Please feel free to contact me to make suggestions and offer information as I work on this committee, representing all NARFE members and all active and retired federal workers. Since 1921 NARFE members have made a difference and I believe we can continue to make a difference for another 95 years. Our mission remains totally relevant still, but we may have to tweak how we operate, the structures we use, and the methods used to advocate and provide advice and information to federal workers and retirees. Valuable change can come from a thoughtful building of consensus among our members.

**Pending Legislation:** As the year progresses, you will find a list of bills introduced during the 115th Congress (2017-2018) that could impact federal employees, annuitants and their families in your monthly magazine.

*(continued)*

**President's message continued...**

In addition to a summary of the legislation and its status on Capitol Hill, you will find NARFE's position on the legislation in your monthly magazine and on the NARFE.org website. I will make every effort to keep you informed throughout the coming year concerning the issues you need to be aware of and how you can "speak up" about issues that you believe are important for you, your family, and your community.

**MARCH 2017 LUNCHEON:** Our luncheon for March is planned for the Hard Knox Café, 2448 Clement Street, San Francisco. Look for details in next month's newsletter.

**NARFE CALIFORNIA FEDERATION CONVENTION:** Finally, I want to alert you about the upcoming NARFE California Federation Convention that will be held on May 2nd and 3rd at the Grand Sierra Resort, 2500 East Second St., Reno, NV. Room rates are \$59 for a standard room and \$79 for an upgrade. Call 1-800-648-5080 for phone reservations. Provide the Group Name: NARFE 2017 California Federation Convention; Special Code: (NCSFC). Online Reservations can be made at <https://aws.passkey.com/event/14803370/owner/16854/home>. If you wish to attend and be a delegate for your San Francisco Chapter, please contact our Treasurer, Dianne Joseph or myself, so you can be considered as a possible member of our delegation to the convention. Non-delegate NARFE members can register for the convention directly on the California Federation website: [www.csfcnarfe.org](http://www.csfcnarfe.org) and find additional information about the convention. Feel free to contact Dianne or myself if you need assistance or further information. Registrations and reservations should be completed by the end of March to ensure attendance.

**TREASURER'S REPORT:**

Balance on 11/01/16	\$2135.95
Income	\$ 564.00
Expenses	\$ 257.45
Balance on 11/30/16	\$2442.50

**ALZHEIMER'S:** Thank you to all who donated at our Christmas luncheon. We collected a total of \$62.00. Remember, donations for Alzheimer's Research can be made anytime by completing the coupon in the NARFE Monthly Magazine or by sending a check payable to NARFE-Alzheimer's Research, (with Chapter 065 noted on the check) to Frank Morelli, 1237 Filbert St, San Francisco CA 94109-1713. Your continued generosity is greatly appreciated. Also, please be assured your donation is used ONLY FOR RESEARCH.

**MEMBERSHIP:** We welcome Juan Coria to our Chapter and thank Rolene Walker and Michael L. Wimer for reinstating their memberships.

**SUNSHINE:** Our thoughts and prayers go out to the family and friends of James Robertson.

**SERVICE OFFICER:** Pauline Jue 415-584-8141 - Important numbers: OPM 1-888-767-6738 (Administrative Problems); NARFE 1-800456-8410 (Membership Problems); SOCIAL SECURITY 1-800-772-1213 (Life Cycle Problems); LTC 1-800 582-3337 (For Applications and Information Kits); OPM Toll Number 1-724-794-5216.

**JANUARY PROGRAM SPEAKER:** Our 1st Vice President Martha Raup will present "Exploring NARFE Webinars" and demonstrate how to access the Webinars, highlight the topics that have been covered, and show the benefits they offer. Also, the Chapter By Laws will be finalized at this meeting and will be voted on at the February meeting. Copies of the By Laws can be requested from any Chapter officer and will be available at the January and February meetings.

**FEBRUARY PROGRAM SPEAKER:** Our guest speaker in February is Anne Morkill, Refuge Complex Manager, San Francisco Bay National Wildlife Refuge Complex, U.S. Fish & Wildlife Service. Ms. Morkill, who has over 20 years' experience with the Fish & Wildlife Service will give an overview of the organization's mission and highlight some of their local projects.

**NARFE DUES:** Currently National Dues are \$40.00 and Chapter 65 Dues are \$12.00 annually. Mail check for the full \$52.00, along with your DUES RENEWAL NOTICE, when you receive it, to NARFE, Membership Services, 606 Washington St, Alexandria, Va. 22314-1914.

VISIT our CHAPTER 65 WEB SITE: (<http://www.narfe65.org>); READ our NEWSLETTER ONLINE: (<http://www.narfe65.org/newsletter/>); LIKE US on FACEBOOK: (<http://facebook.com/narfe65>) VIEW our NATIONAL WEB SITE: (<http://www.narfe.org>) and CSFC WEB SITE: (<http://www.csfcnarfe.org>)