

**NATIONAL ACTIVE AND RETIRED FEDERAL EMPLOYEES
SAN FRANCISCO
CHAPTER 65**



SENTINEL

JOE MANGIAMELI, EDITOR

Meets 3rd Wednesday each month, FOB, 90 7th St, near Market



Sen. Barbara Boxer
Senate Office Building.
Washington DC 20510
Phone 1 202 224-3553
70 Washington St Suite 203
Oakland CA 94607
Phone 510-286-8537

Sen. Dianne Feinstein
Senate office Building
Washington DC 20510
Phone 1-202-224-3841
1 Post St Suite 2450
San Francisco CA 94104
Phone 415-393-0707

Rep. Nancy Pelosi
House Office Building
Washington DC 20515
Phone 1-202-225-4965
90 7th St Suite 2-800
San Francisco CA 94102
Phone 415-556-4862

Rep. Jackie Speier
House Office Building
Washington DC 20515
Phone 1-202-225-3531
155 Bovet Road Suite 780
San Mateo CA 94402
Phone 415-566-5257

NARFE HOT LINE
Phone 1-877-217-8234

White House
Phone 1-88-225-8418
Congress Switchboard
Phone 1-866-220-0044

PRESIDENT

Jerry Hall
412-0488

1ST VICE PRES

Martha Raup
334-6380

2ND VICE PRES

Juanita Tamayo Lott
292-6221

SECRETARY

Jane Ramos
826-3337

TREASURER

Dianne Joseph
334-6380

EDITOR

Joe Mangiameli
359-9644

EXEC BOARD

David Garcia
DorisMarie Hagopian
Frank Morelli

SERV.OFFICER

VACANT

MEMBERSHIP

Mike Crahan
285-2417

LEGISLATION

Jon Lampman
925-228-8501

PUBLIC RELATIONS

Leslie Ching
641-6245

AUDIT & BUDGET

Jesse Ramos

PROGRAM

Jerry Hall
Roz Fine Itelson
Jane Ramos
Helen Rogers

SUNSHINE

Sue Mangiameli
359-9644

ALZHEIMER'S

Frank Morelli
563-8361

TELEPHONE

DorisMarie Hagopian
776-5199

ACTIVE EMPLOYEE'S

LIAISON

Rebecca Clark
625-7696

WEBMASTER

Dianne Joseph

NARFE NET

Martha Raup

IMM PAST PRES

Jane Ramos

JULY 2016 NEWSLETTER

**OUR NEXT MEETING IS ON WEDNESDAY JULY 20, 2016 AT FOB, 90 7TH ST.
EXECUTIVE BOARD MEETING 10:30 AM; 11TH FLOOR RM 11-010
GENERAL MEETING 1:00 PM - LOWER LEVEL - RM B-040 (NOTE ROOM CHANGE)
PHOTO ID REQUIRED TO ENTER BUILDING.**

CALENDAR OF EVENTS

**JULY 20 PRESENTATION: NATIONAL OCEANIC ATMOSPHERIC ADMINISTRATION (NOAA)
AUG 17 ANN LINDSAY, DOL BENEFITS OFFICER, PRE-RETIREMENT DISCUSSION
SEP 21 LUNCHEON (DETAILS TO BE DETERMINED)**

PRESIDENT: JERRY HALL; 229 De Montfort Ave, SF, CA 94112; 415-412-0488, fritz1313@hotmail.com
GREETINGS AND CONGRATULATIONS TO ALL CHAPTER MEMBERS WITH BIRTHDAYS AND/OR ANNIVERSARIES IN JULY... First, I want to thank Dave Garcia who has served a number of years as our Chapter's Service Officer. Dave has decided it is time for him to step away from this position. He was thoughtful and kind in his interactions with members who needed information in regards to benefit issues affecting them as retired or active federal employees. If he didn't know the answer, he found it or referred the member to someone who could help. He did his volunteer job efficiently and professionally. In his message to me Dave said "It has been an honor to work with the dedicated members of NARFE who keep this great organization running so well. I look forward to seeing all of you at the monthly meetings and social functions in the future. Carry on the good work." We will miss Dave as our Service Officer and congratulate him on doing a great job for the chapter. Of course, that leaves the chapter in need of a replacement. I am hopeful that one of our members will take this responsibility and provide an important service to our chapter. It requires responding to the questions and concerns that our members have in regards to their federal benefits. Dave told me recently that he might get one or two calls a month. He had excellent resources provided by the California Federation and National NARFE. Moreover, Mary Venerable, the Federation Service officer does an excellent job working with service officers and is always available to assist local service officers. So if you want to learn more about federal benefits and enjoy an occasional conversation with other federal workers or retirees, please let me know of your interest. Your interest and any questions are always appreciated.

I thought I would summarize the national summary of NARFE's legislative accomplishments for 2015. NARFE continues to actively represent the interests of federal workers and retirees every day and works to enhance their image. NARFE was successful in:

1. Thwarting ALL attempts by Congress to cut the earned pay and benefits of federal employees and retirees including the House of Representatives' Fiscal Year 2016 budget resolution which contained eight provisions totaling \$318 billion in cuts to the federal community, the Senate attempt to pay for highway improvements on the back of the federal community, and a budget agreement offsetting sequestration for two years.
2. Successfully preventing a disproportionate and unfair increase in Medicare premiums.
3. Supporting efforts to protect TSP participants from receiving bad financial advice.
4. Working to protect and inform NARFE members following the data breaches at the Office of Personnel Management (OPM).
5. Working to increase identity theft protection provided to individuals impacted by the data breaches at OPM.

(President's Message continued on back page)

ONLINE NEWSLETTER: READ the current newsletter as well as back issues at our Chapter 65 Web Site: (<http://www.narfe65.org/newsletter/>). The current issue is normally available by the first of each month.

PRESIDENT’S MESSAGE: (Continued)

6. NARFE’s media coverage reached new heights. In 2015, NARFE saw unprecedented coverage in the press, thanks to a combination of being out in front on certain issues and efforts to draw attention to other concerns that were being overlooked by the media. On topics as wide-ranging as the Medicare Part B issue, the new Self Plus One option and the OPM data breaches, NARFE was mentioned in the press more than 750 times in 2015 and NARFE representatives were on CBS news, and FOX business news.

I have again received calls from members who are getting scam phone calls from people who pretend to represent the IRS. You may be aware that some folks involved in this were recently arrested, but it appears the scam continues. I personally have received the calls more than once. Please remember that the IRS does not and will not call you in regards to tax matters. If you receive calls from someone who purports to represent the IRS, ignore them, hang up, and tell your friends to do the same. Just remember that all unsolicited phone calls have a high potential of being fraudulent. It is the same with email. Unsolicited emails are frequently "phishing" schemes. They are looking for your personal information or account information. Always initiate your own contact with banking and other organizations or individuals. Even if the contact happens to be legitimate, you should contact them at the phone numbers and websites you have for them and not respond to web links or phone numbers left in a message. Unfortunately, seniors are prime targets of these scams.

TREASURER'S REPORT:

Balance on 5/01/16	\$1010.90
Income	\$ 384.34
Expenses	<u>\$ 30.00</u>
Balance on 5/31/16	\$1365.24

MEMBERSHIP: We welcome ***William Dorsey*** and ***S. Narolgwski*** to our Chapter.

PIER-TO-PIER WALK: The San Francisco Senior Center (SFSC) invites you to their 3rd Annual Pier to Pier Walk at Aquatic Park for all ages and abilities on Saturday, September 17, 2016. Spend an event filled morning of browsing our health and resource tables, donating to our fabulous raffle, watching fitness class demos and more. Registration opens at 8am and the walk begins at 9am. Call Jan Freeman for information 415-775-1869. On August 1, 2016 you can go to www.sfsenior.com/piertopierwalk for pre-registration, raffle tickets and reservations for a park ranger historic walk. Prior to that date, contact Juanita Tamayo-Lott at 415-292-6221 or email TEAM NARFE at juanita.tamayo.lott@gmail.com. The walk begins on the waterfront behind Ghirardelli Square at the SFSC located in the SF Maritime Historical National Park, 890 Beach Street at Polk. The SFSC can be reached by MUNI Lines: 19, 30, 47, 49 or 28.

YOUR NEWSLETTER: Whether you read the newsletter online or when received in the mail we hope you enjoy it and benefit from its content. The goal is to provide our membership with up-to-date, relevant information pertaining to issues affecting federal employees and retirees. Perhaps you are consistently reading the newsletter online and no longer want a mailed copy; or maybe you are in a multiple member household and want only to receive one copy. In either situation simply email Joe Mangiameli at joemangia@comcast.net and your name will be removed from the mailing list.

VISIT our CHAPTER 65 WEB SITE: (<http://www.narfe65.org>); Read our NEWSLETTER ONLINE: (<http://www.narfe65.org/newsletter/>); LIKE US on FACEBOOK: (<http://facebook.com/narfe65>) VIEW our NATIONAL WEB SITE: (<http://www.narfe.org>) and CSFC WEB SITE: (<http://www.csfcnarfe.org>)

NARFE DUES: Currently National Dues are \$40.00 and Chapter 65 Dues are \$12.00 annually. Mail check for the full \$52.00, along with your DUES RENEWAL NOTICE, when you receive it, to NARFE, Membership Services, 606 Washington St. Alexandria, Va. 22314-1914.

SERVICE OFFICER: VACANT

Important numbers: OPM 1-888-767-6738 (Administrative Problems); NARFE 1-800456-8410 (Membership Problems); SOCIAL SECURITY 1-800-772-1213 (Life Cycle Problems); LTC 1-800 582-3337 (For Applications and Information Kits); OPM Toll Number 1-724-794-5216.