

**NATIONAL ACTIVE AND RETIRED FEDERAL EMPLOYEES
SAN FRANCISCO
CHAPTER 65**



SENTINEL

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JUNE 2015 NEWSLETTER

**OUR NEXT MEETING IS ON JUNE 17, 2015 AT THE USS POTOMAC
JACK LONDON SQUARE, OAKLAND CA.**

CALENDAR OF EVENTS

JUNE 17 - TOUR OF THE USS POTOMAC AT JACK LONDON SQUARE OAKLAND CA

JULY 15 - ANN LINDSAY DOL BENEFITS OFFICER – PLANNING FOR RETIREMENT

AUG 19 - TBA

SEPT 16 - LUNCHEON – DETAILS NEXT MONTH

PRESIDENT: JERRY HALL, 229 De Montfort Ave, SF, CA 94112, 415-412-0488, fritz1313@hotmail.com

GREETINGS AND CONGRATULATIONS TO ALL CHAPTER MEMBERS WITH BIRTHDAYS AND/OR

ANNIVERSARIES IN JUNE..The convention in San Luis Obispo was worthwhile and our Chapter had good

representation: Jane and Jess Ramos, Dianne Joseph, Martha Raup, Mary Ann Swazo, and Kathy Satien. Thanks to all of you, those who attended, and those who assisted in supporting our members attendance through your contributions last Fall. Your new Federation president is Dee Shallenberger, your new vice-president is George Ramirez, your new secretary is Mary Venable, and your new treasurer is Yoggi Riley. I believe our Federation will be in fine hands for the next two years and appreciate these members' willingness to take on these responsibilities for the Federation. I also want to thank our officers who served during the past two years, Dick Ostergren, H. Ray Harrington, and Forney Lundy for their contributions and dedication to the mission of NARFE. The convention was an opportunity to discuss issues affecting federal workers and retirees, the legislative mission of NARFE, and the need to revitalize NARFE for the 21st Century. Thousands of dollars were raised at the convention for Alzheimer's, NARFE PAC, and the Federal Employee Education and Assistance Fund (FEEA).

Well, my inquiry about financial assistance from folks who are not trying to make sales in the April newsletter generated some emails and phone calls. After a discussion with your board, I have decided to include the information I received from Ann Lindsay, US Dept. of Labor, Office of Worklife, Leave & Benefits Policy & Programs. Ann stated the following: If the member who reached out is a Federal employee, she should contact her Agency Benefits Officer for assistance if the local benefits specialist doesn't have the knowledge or skills to assist her. As you know, ABO's are listed at: <http://apps.opm.gov/abo/>. If this member is a retiree, I would recommend that she search for a Certified Financial Planner at www.plannersearch.org/Pages/home.aspx.

Additionally, I heard from Francine Roby, executive director of the Federal Executive Board. She indicated that she had recently gone online to attend a free live webinar sponsored by Project2Retire (a Burlingame company, 888-958-0167). Francine stated it was specifically for federal employees and there was no sales pitch, only providing of information about federal benefits. I also received other recommendations from other members about financial planners they used and liked. I will be glad to share that information if you call me. Anyway I appreciated all the interest and help our members provided. Both Ann and Francine have been NARFE members for a number of years.

Thanks to all of you who have been sending in your donations and raffle tickets to support the Chapter's newsletter. As of May 24th, we have received over \$1500 from more than 80 members. Each monthly mailing of the newsletter costs the chapter more than \$300. I am hopeful that with your support the fundraiser will allow us to continue producing and mailing the newsletter for the near future. It is not too late to make your donation and/or enter the raffle. The drawing for the prizes will be held on the 17th of June. Your checks of any amount should be made out to NARFE Chapter 65 and mailed to me (229 De Montfort Av, SF, 94112) while our treasurer is on an extended trip.

Vice President for Membership and Legislation: Juanita Tamayo Lott 415-292-6221: Our 2015 focus is new members, especially active (current) federal employees under FERS. They comprise the majority of the federal family but are less than 10% of current NARFE members. As an SF Chapter member there are two ways you can help grow our diminishing membership. First, get a current member to renew or recruit a new one. Contact Mike Crahan, Membership Chair 415.285.2417 for details. Second, help staff the Chapter 65 table for our Annual Membership Drive in the lobby of the FOB at 90 Seventh Street July 13, 14, and 15 from 8:30 a.m. to 1 p.m. Please contact me by June 17 if you wish to volunteer. Thank you for helping maintain and grow our membership.

TREASURER'S REPORT: DIANNE JOSEPH, 179 CHILTON AVE, SF, CA 94131, 415-334-6380

| | |
|---------------------|-----------|
| Balance on 4/01/15 | \$ 796.25 |
| Income | \$ 397.86 |
| Expenses | \$ 675.40 |
| Balance on 04/30/15 | \$ 518.71 |

ALZHEIMER'S: FRANK MORELLI, 1237 Filbert Street, San Francisco, CA 94109-1713, 415-563-8361

Donations for Alzheimer's Research can be made anytime by completing the coupon in the NARFE Monthly Magazine or by sending a check payable to NARFE-Alzheimer's Research, (with Chapter 065 noted on the check) to the address above. Your continued generosity is greatly appreciated.

MEMBERSHIP: MIKE CRAHAN, 415-285-2417

We welcome *David Krause* to our Chapter and thank *Ronald L. Goodman, Denise Gretz and Thomas T. Hlavenka* for reinstating their membership.

SUNSHINE: EDITH HIGA 566-7358

Our prayers and condolences go out to the families and friends of *Reginald F. King, 324 Gold Mine Dr., San Francisco, CA 94131-2526* and *Mary C. Stokes, 118 Sunrise Ln., Novato, CA 94949-6818*.

DID YOU KNOW?

Medicare is turning 50! On July 30, 1965, at a public ceremony in Independence, Mo., President Lyndon Baines Johnson signed Medicare into law. Moments later, the 36th president of the United States presented America's 33rd president, Harry S. Truman — then 81 years old and praised by LBJ as "the real daddy of Medicare" — the nation's first Medicare card. When Medicare services actually began on July 1, 1966 more than 19 million Americans age 65 and older enrolled in the program. In 1972 President Richard M. Nixon extended Medicare eligibility to individuals under age 65 who have long-term disabilities or end-stage renal disease. The Patient Protection and Affordable Care Act) signed into law on March 23, 2010 mandates that Medicare beneficiaries receive certain preventive care services and health screenings, such as mammograms, free of charge and [reduces the out-of-pocket expenses of Part D enrollees](#). Today, nearly 50 million Americans — 15 percent of the nation's population — depend on Medicare for their health insurance coverage. With increasing life expectancies and more [boomers turning 65](#) every day, the number of people in Medicare is expected to double between the years 2000 and 2030.

TOUR OF FDR's Presidential Yacht, USS Potomac: Wednesday, June 17 at 11:00 am at 540 Water Street (Jack London Square) Oakland. Tour will begin promptly at 11:00 with a 15-minute video, followed by a 45-minute docent led tour of the yacht. This is a dockside tour only. Cost is \$8 per person; bring cash or check made out to "Potomac Association." Please come at least 15 minutes early for Helen Rogers to collect cash/checks. To speed boarding she will hand all in together. A final head count of those coming must be given by June 3rd, therefore, please contact Helen at 415-759-8478 or hobanrogers@mindspring.com with your name, the number in your party, phone number and any questions. If you call and get the answering machine please give and spell names slowly.

SERVICE OFFICER: DAVID GARCIA 510-235-7750

Important numbers: OPM 1-888-767-6738 (Administrative Problems); NARFE 1-800456-8410 (Membership Problems); SOCIAL SECURITY 1-800-772-1213 (Life Cycle Problems); LTC 1-800 582-3337 (For Applications and Information Kits); OPM Toll Number 1-724-794-5216.

Visit **OUR CHAPTER 65 WEB SITE:** (<http://www.narfe65.org>) for more Chapter information, photos, archived newsletters, etc. **NATIONAL WEB SITE:** (<http://www.narfe.org>); **CSFC WEB SITE:** (<http://www.csfcnarfe.org>) **NARFE DUES:** Currently National Dues are \$40.00 and Chapter 65 Dues are \$8.00 annually. Mail check for the full \$48.00, along with your **DUES RENEWAL NOTICE**, when you receive it, to NARFE, Membership Services, 606 Washington St, Alexandria, Va. 22314-1914.