

NATIONAL ACTIVE AND RETIRED FEDERAL EMPLOYEES
SAN FRANCISCO CHAPTER 65
SENTINEL

HERMAN BRACEY, EDITOR

Meets 3rd Wednesday each month, FOB 90 – 7th Street, SF, Lower Level Room B-120 (Civic Center BART station)

Sen Barbara Boxer
Senate Office Bldg
Wash DC 20510
Phone 1 202 224 3553
70 Washington St Ste 203
Oakland, CA 94607
Phone 510 286- 8537

Sen Dianne Feinstein
Senate Office Bldg
Wash DC 20510
Phone 1 202 224 3841
1 Post St Ste 2450
SF CA 94104
Phone 415 393-0707

Cong Nancy Pelosi
House Office Bldg
Wash DC 20515
Phone 1 202 225 4965
90-7th St Suite 2-800
SF CA 94102
Phone 415 556-4862

Cong Jackie Speier
House Office Bldg
Wash DC 20515
Phone 1 202 225 3531
400 S El Camino Real
San Mateo CA 94402
Phone 650 342-0300

NARFE Hot Line
Ph 1 877 217-8234
White House
Ph 1 202 234 1111
Congress Switchboard
Ph 1 866-220-0044

PRESIDENT

Jerry Hall
412-0488
1st VICE PRES
Martha Raup
334-6380

2nd VICE PRES
Herman Bracey
668-2337

SECRETARY

Jane Ramos
826-3337

TREASURER
Dianne Joseph
334-6380

EDITOR

Herman Bracey
668-2337

EXEC BOARD

David Garcia
DorisMarie Hagopian
Frank Morelli

SERV OFFICER

David Garcia
510 235-7750

MEMBERSHIP

Herman Bracey
668-2337

LEGISLATION

Rolene Walker
359-9297

PUB. RELATIONS

Fran Chan
Leslie Ching
641-6245

AUDIT & BUDGET

Jesse Ramos
826-3337

PROGRAM

Jerry Hall
Juanita Lott
Jane Ramos
Helen Rogers

SUNSHINE

Edith Higa
566-7358

ALZHEIMER'S

Frank Morelli
563-8361

TELEPHONE

Ruby Dale
467-9376

DorisMarie Hagopian
776-5199

**ACTIVE EMPLOYEE
LIAISON**

Rebecca Clark
625-7726

WEBMASTERS

Dianne Joseph
Martha Raup
334-6380

IMM PAST PRES

Jane Ramos

FEBRUARY 2014 NEWSLETTER

**OUR NEXT MEETING IS ON FEBRUARY 19, 2014 AT FOB, 90 7TH ST.
EXECUTIVE BOARD MEETING 10:30 AM; 11TH FLOOR RM 11-010
GENERAL MEETING 1:00 PM - LOWER LEVEL - "RM B-120"
PHOTO ID REQUIRED TO ENTER BUILDING.**

CALENDAR OF EVENTS

FEB 19 PETER BAUER, MEDICARE, FEHBP, AND THE FEDERAL EMPLOYEE/RETIREE
MAR 19 LUNCHEON – MANDARIN VILLA AT FRANKLIN AND OAK (101 OAK STREET)
APR 16 TBA
AUG 24-28 NATIONAL CONVENTION ORLANDO, FLORIDA

PRESIDENT: JERRY HALL, 229 De Montfort Ave, SF, CA 94112; 412-0488, fritz1313@hotmail.com

GREETINGS AND CONGRATULATIONS TO ALL CHAPTER MEMBERS WITH BIRTHDAYS AND/OR ANNIVERSARIES IN FEBRUARY... We were very fortunate to have Sue Horst present at our January meeting. As the Director of the San Francisco Senior Center, she had some very important ideas for retirees and those looking to retire. First, it was obvious that she enjoyed her "second career" as director of the center. Second, she communicated the importance of each of us defining how we can make our lives meaningful and fun at any age. Finally, she let us know about volunteer opportunities at the center (<http://www.sfsenior.com/>) or by calling 415-775-1866. Thanks to Juanita Lott for organizing this presentation.

Helen Rogers has volunteered to organize our February program. It should be very informative. The topic will deal with the often complex issues surrounding Medicare and FEHBP. The program should be very helpful for those nearing the age of 65. The information should be helpful for individuals who need to make Medicare decisions.

Your Chapter signed up 70 current federal employees for the free six-month memberships that were available this fall. I hope all of these new members will read their monthly magazines for the excellent articles that regularly are included. Additionally, they can have full access to the NARFE website at NARFE.org and can also access our Chapter website at NARFE65.org.

As your president, I take my role very seriously. I have a strong belief in the importance of Federal workers and their contributions to our society. I hope that you will all feel free to contact me at anytime via email or telephone if you have issues or concerns that NARFE can address for you.

NARFE has a long history of looking out for federal workers, whether providing information, enhancing the image of federal employees and retirees, and protecting the earned benefits. I also believe it is your role as a member of NARFE to advise other federal workers or retirees of the importance of NARFE and encourage them to join NARFE. I frequently hear from members who indicate that the low yearly membership fees are well worth the benefits that NARFE provides. Multi-year memberships and dues withholding for retirees makes the membership even less expensive. I sincerely hope you will consider these options.

Our **Spring Luncheon** will be held at the **Mandarin Villa at 2pm on Wednesday March 19th**. The meal will be served family style. Items available for each table will include two soups, vegetable and egg drop with corn, as well as egg roll, cheese puffs, and green onion cake appetizers. Entrees will include walnut prawns, salt and pepper bean and tofu, three types of beef and vegetable dishes, sweet and sour, orange, and spicy chicken dishes, seafood dishes including scallops, calamari, and Hunan fish, and vegetable dishes will include chow mein and fried rice. All the entrees will be served with both brown and white steamed rice. The meal will conclude with fortune cookies and mints. While the meal comes with hot tea and water, you can also order and pay for other drinks, including beer and wine.

ALZHEIMER'S: FRANK MORELLI, 1237 Filbert Street, San Francisco, CA 94109-1713; 563-8361

Your donations that have gone through me in 2013 totaled \$317.00. For the new year, we ask each of you to consider making a donation of at least \$15.00

As we often mention in our newsletters, if you wish to make a donation to support programs and services to individuals and families coping with Alzheimer's disease, as well as supporting research efforts to find a cure, please make your donation check payable to "Alzheimer's Association" On the other hand, if you wish your donation to be used solely to support research efforts into finding a cure, please make your check payable to "NARFE-Alzheimer's Research". To insure that your contribution is correctly acknowledged as coming from a NARFE Chapter 65 member write "**NARFE-Chapter 65**" in the memo section of your check. Mail your donation to me at the above address; I'll forward it to the Alzheimer's Association.

TREASURER'S REPORT: DIANNE JOSEPH, 179 CHILTON AVE, SF, CA 94131; 334-6380

Balance on 12/01/13	\$ 3,486.53
Income	\$ 608.77
Expenses	<u>\$1,675.29</u>
Balance on 12/31/13	\$2,420.01

SUNSHINE: EDITH HIGA, 566-7358

Our thoughts and prayers go out to the friends and families of **John Ed Wallin, 491 Central Park Place, Brentwood, CA 94513-6038**

MEMBERSHIP: HERMAN BRACEY, 651 COLE ST APT 2, SF, CA. 94117; 668-2337

A Warm Welcome to our newest members: **P Bowlin, Paula Bruin, Elaine Chan, Jeanette Cordero, Maria Davila, Norma Douglas, Rachealle D Eddings, Rosario Elauria, Robert Fitzgerald, Rose Fong, Yvonne Fony, Laura Hicks, Peter L Holden, Sharon Jang, Shaheerah Kelly, Daniel Louie, K Meltzer, Joe Merer, Greg Pennington, Nancy Riverland, Vickie Rosen, Carol Russo, and Elise Wang.** We also THANK **Roger Brockmeyer, Ida Hurst and Angela F Lucas** for reinstating their memberships.

NARFE DUES: Currently National Dues are \$40.00 and Chapter 65 Dues are \$8.00 annually. Mail check for the full \$48.00, along with your **DUES RENEWAL NOTICE, when you receive it,** to NARFE, Membership Services, 606 Washington St, Alexandria, Va. 22314-1914.

SERVICE OFFICER: DAVID GARCIA 510 235-7750

Important numbers: OPM 1-888-767-6738 (Administrative Problems); **NARFE** 1-800-456-8410 (Membership Problems); **SOCIAL SECURITY** 1-800-772-1213 (Life Cycle Problems); **LTC** 1-800 582-3337 (For Applications and Information Kits); **OPM** Toll Number 1-724-794-5216

Visit **OUR CHAPTER 65 WEB SITE: (<http://www.narfe65.org>)** for more Chapter information, photos, archived newsletter, etc. **NATIONAL WEB SITE: (<http://www.narfe.org>):** **CSFC WEB SITE: (<http://www.csfcnarfe.org>)**

MARCH LUNCHEON: In March we will be having lunch at the **Mandarin Villa (101 Oak Street).** This multi course Chinese food feast will be a "family style" event and should prove quite popular with members. Be sure to read and send in the coupon found in this newsletter if you want to attend.

===== ALL RESERVATIONS MUST BE RECEIVED AND PAID by MARCH 10th =====

Mail Reservation coupon and check to **Leslie Ching, 160 Gardenside Drive, #101, San Francisco 94131**

Name(s) _____

Address _____ Tel No. _____

All guests will be seated at communal tables and share the variety of foods with their table. Water and hot tea are included. Other drinks including beer and wine can be purchased separately. Lunch begins promptly at **2pm Wednesday, March 19th.**

Number in Party _____ @ \$16.00 each Total Enclosed \$ _____

Attach names of guests. **Make checks payable to: NARFE CHAPTER 65.** Call or email Jerry Hall if you have any questions.