

NATIONAL ACTIVE AND RETIRED FEDERAL EMPLOYEES
SAN FRANCISCO CHAPTER 65
SENTINEL

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Meets 3rd Wednesday each month, FOB 90 – 7th Street, SF, Lower Level Room B-120; (Civic Center BART station)

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AUGUST 2012 NEWSLETTER

**OUR NEXT MEETING IS ON AUGUST 15, 2012 AT FOB, 90 7TH ST,
EXECUTIVE BOARD MEETING 10:30 AM; 11TH FLOOR RM 11-010
GENERAL MEETING 1:00 PM – LOWER LEVEL- RM B-120
PHOTO ID REQUIRED TO ENTER BUILDING.**

CALENDAR OF EVENTS

AUG 15 ALEX LAZAR FROM REP NANCY PELOSI'S OFFICE
AUG 26-30 32ND BIENNIAL NATIONAL CONVENTION-SPARKS-RENO, NV
SEP 26 TOUR OF US COURT OF APPEALS 9TH DISTRICT- 7TH & MISSION (11:00 AM)
SEP 29 WALK TO END ALZHEIMER'S - MISSION CREEK PARK, SAN FRANCISCO
OCT 17 FEHBP APPROVED HEALTH CARE INSURERS

PRESIDENT; JERRY HALL; 229 De Montfort Ave, SF, CA 94112; 412-0488, fritz1313@hotmail.com

GREETINGS AND CONGRATULATIONS TO ALL CHAPTER MEMBERS WITH BIRTHDAYS AND/OR ANNIVERSARIES IN AUGUST... The San Francisco Chapter of NARFE is one of the largest chapters in the country. I am extremely humbled to be able to serve our Chapter as the president. I personally care deeply about NARFE. I firmly believe that when people commit to the Federal Government as an employee that it is important that the government follow through with its commitment to its employees. As a 30 something person in the 1970s I took a pay cut to work for the federal government because I believed over the long haul that I and my family would benefit from the commitment that I was making. Never did I hesitate to give all my energy to federal service. I believed and to this day continue to believe that federal service, public service, is special and was always worthy of my commitment. I still do to this day. I believe I made the right decision. I believe that public service was my calling and deserved the commitment that I made.

I think what really irritates me now is this belief among so many people that federal service is inferior or for only those who can't compete in private industry. I committed to federal service because I actually believed that federal service is special and important. I believe that federal service should be respected and rewarded. My service was not about me, not about how much money I could make, not about benefits, but truly about whether I could contribute and make our country greater. Maybe that is naïve to some and meaningless to others, but I actually thought public service was important.

What I hear these days is a certain disrespect for federal service, that it is an easy job, with good benefits and high pay. That was not my experience. I bought a house in the 1980s and almost lost it because the government decided to not follow through with its commitment to me as an employee. I wrote letters to Congress and the President to express my concern about the government not following through with its commitment to me as an employee. Federal government needs to be a model employer, following through on its commitment, giving those who sacrifice what they have promised. I don't think that is a lot to ask. If you attract employees with your pay and benefits, you need to follow through with that commitment. I expect no less and many of us expect no less. Congress should not attack on a regular basis those who enforce the laws, protect the public, and keep our country free and secure.

Finally I believe it is important for us who have served our country to speak up, to let Congress know we expect respect, and deserve respect. Please don't sit back and minimize your service to our government. Be proud of your contributions and demand respect. Public service makes America a great country.

ALZHEIMER'S: FRANK MORELLI, 1237 FILBERT STREET, SF, CA 94109; 563-8361

We wish to thank **Alma Harris** for her generous contribution to Alzheimer's Research. We ask you to consider making a contribution at this time. We can make a difference.

Laura Wilcox, CSFC Alzheimer's Coordinator reports the total of the Alzheimer's Research donations for NARFE as of April 31, 2012 is \$9,721,023 toward our goal of \$10 million. It is possible that we will reach our goal in 2012.

Dr. Manny Alvarez (Senior Managing Editor for Health News) on Fox News reports a vaccine to prevent Alzheimer's in at risk persons will be on trial soon. The vaccine will be given prophylactically before symptoms appear to prevent amyloid build-up. Pat Summitt, the Hall of Fame Tennessee Women's basketball coach, stepped down eight months after disclosing her diagnosis of early on-set Alzheimer's Disease at the age of 59, May 23, 2012.

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"NARFE - Working for You"

Visit OUR CHAPTER 65 WEB SITE: (<http://www.narfe65.org>) for more Chapter information, photos, archived newsletter, etc. NATIONAL WEB SITE: (<http://www.narfe.org>); CSFC WEB SITE: (<http://www.csfcnarfe.org>) NARFE DUES: Currently National Dues are \$40.00 and Chapter 65 Dues are \$8.00 annually. Mail check for the full \$48.00, along with your **DUES RENEWAL NOTICE**, when you receive it, to NARFE, Membership Services, 606 Washington St, Alexandria, Va. 22314-1914.

SERVICE OFFICER: DAVID GARCIA 510 235-7750

Important numbers: OPM 1-888-767-6738 (Administrative Problems); NARFE 1-800-456-8410 (Membership Problems); SOCIAL SECURITY 1-800-772-1213 (Life Cycle Problems); LTC 1-800 582-3337 (For Applications and Information Kits); OPM Toll Number 1-724-794-5216:

TREASURER'S REPORT: DIANNE JOSEPH, 179 CHILTON AVE, SF, CA 94131; 334-6380

Balance on: 06//01/12	\$ 4,870.99
Income	\$ 1,042.94
Expenses	\$ 1,395.37
Balance on: 06/30/12	\$ 4,518.56

MEMBERSHIP: HERMAN BRACEY, 651 COLE ST APT 2, SF, CA. 94117; 668-2337

A **Warm Welcome** to our newest members: **Virginia L Brooks, James J Hogan, Helen Rogers and James P Thurston**. We also wish to thank **Margaret Santiago** for reinstating her membership.

CHAPTER 65 TOUR OF HISTORIC JAMES R BROWNING US COURTHOUSE: LESLIE CHING 641- 6245

In May 2011, our guest speaker was Kathleen Butterfield, Staff Attorney, Ninth Circuit, U.S. Court of Appeals. During her presentation, we learned that docent-led public tours were given twice a month. Because of members' interest, we made the following arrangements to **Tour the Historic James R. Browning U.S. Courthouse on Wednesday, September 26**. This will be in lieu of our regular meeting on Wednesday, September 19.

The entrance to the Courthouse is located at 95 – 7th Street, a short distance south of Market Street. Please allow sufficient time to go through security and bring a government issued picture ID. Prior to the start of the 11:00 a.m. tour, you may want to arrive between 10:30-10:45 a.m. There are exhibits, including a video, which you may want to view. There is a small café on the main floor where you can purchase coffee, tea, etc., while waiting for the tour to begin.

Reservations have been made for members and their guests to tour the courthouse. We were unable to make arrangements for our usual third Wednesday of the month, and so Wednesday, September 26 was chosen. The tour starts promptly at 11 a.m. and will last 60 to possibly 90 minutes, depending upon the number of questions. Please call Leslie Ching (415-641-6245) or send an email to her (Moonchild749@gmail.com), **before Friday, September 7, 8:00 p.m. Space is limited to a maximum of 25 attendees and no exceptions can be made.**

No pre-arranged luncheon is scheduled after the tour of the historic courthouse. The following eating establishments are moderately priced and located in the Civic Center Area:

Burmese Kitchen, 452 Larkin Street, between Golden Gate Avenue and Turk – Burmese and vegetarian cuisine. www.burmesekitchen.com.)

Café Asia at the Asian Art Museum - 200 Larkin at McAllister – (Pan-Asian cuisine as well as sandwiches, salads, snacks and desserts. You're not required to be a member of the museum; check in at the front desk and inform them you're there to have lunch. You'll be given a special lapel sticker to enter the café and museum store. www.asianart.org/cafeasia.htm.)

Lalita Exotic Thai Cuisine and Bar, - 96 McAllister at Leavenworth - Thai cuisine. www.lalitasf.com.

Best Western PLUS Americana Hotel, - Custom Burger and Lounge, 121 7th at Natoma. Burgers, fries, onion rings and dessert. www.americaniahotel.com.

7-Mission Restaurant, -150 – 7th Street Chinese and Vietnamese Cuisine. www.7missionrestaurant.com.

Oriental Restaurant, - 1107 Market at 7th - Cantonese Cuisine. Walk pass the take-out entryway and into the restaurant.

Caffe Moda – 160 7th and Natoma - Soup, salads, specialty sandwiches, and Panini's).

Tony Baloney's Café and Deli, 1098 Howard at 7th - Pasta, soup, salads, sandwiches.

United Nations Plaza Farmers' Market – Market Street, between 7th and 8th Streets.