

NATIONAL ACTIVE AND RETIRED FEDERAL EMPLOYEES  
SAN FRANCISCO CHAPTER 65  
**SENTINEL**

HERMAN BRACEY, EDITOR

Meets 3<sup>rd</sup> Wednesday each month, FOB 90 – 7<sup>th</sup> Street, SF, Lower Level Room B-040; (Civic Center BART station)

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**MAY 2012 NEWSLETTER**

**NO REGULAR MEETING THIS MONTH!**

**JOIN US IN SAN JOSE AT THE DISTRICT V MEETING**

**CALENDAR OF EVENTS**

MAY 17 DISTRICT V MEETING, THREE FLAMES RESTAURANT, SAN JOSE, CA  
JUN 20 LUNCH AT TANGERINE CAFÉ, 3499 16<sup>TH</sup> ST AT SANCHEZ  
JUL 18 Preparing For Retirement At Any Age /ANN LINDSAY DOL BENEFITS OFFICER  
AUG 15 ALEX LAZAR FROM REP NANCY PELOSI'S OFFICE  
AUG 26-30 32<sup>ND</sup> BIENNIAL NATIONAL CONVENTION-SPARKS-RENO, NV

**PRESIDENT; JERRY HALL; 229 De Montfort Ave, SF, CA 94112; 412-0488, fritz1313@hotmail.com**  
**GREETINGS AND CONGRATULATIONS TO ALL CHAPTER MEMBERS WITH BIRTHDAYS AND/OR ANNIVERSARIES IN MAY...** There is a lot of activity going on for NARFE members in May. There are two opportunities for you to interact with NARFE members from other Chapters.

**First**, the District V meeting and training in San Jose at the Three Flames Restaurant, 1547 Meridian Ave, San Jose, CA 95125, Ph: 408.269.3133, [www.3flamesrestaurant.com](http://www.3flamesrestaurant.com) (which will take the place of our regular third Wednesday meeting since it is Thursday May 17<sup>th</sup>). There is a small charge of \$20, which covers refreshments and lunch. Registration begins at 9am and the event will end shortly before 3pm. Topics include congressional advocacy, membership recruitment and retention, public relations and speakers programs. Even if you can't make it to the full meeting, you may want to come for part of it or just for lunch at noon. Checks for the event are to be made out to NARFE Chapter 50 and mailed to Joe Roman, 816 Villa Teresa Way, San Jose, CA 95123 no later than May 10<sup>th</sup>.

**Second** event scheduled in May is the training for the northern California districts (Districts IV, V, VI, VII, and the northern portion of IX and X) will be held on Thursday, May 31, 2012, at the Yolo Fliers Golf Club, Woodland, CA. There is no charge for this training session. The event will cover information on legislative issues, membership and retention; also a presentation by Dottie Schmidt, CSFC President – state of the Federation, plus a motivational speaker on understanding potential members. It begins with registration at 8:30. There will be refreshments and lunch at 11:30 am. The event should end shortly before 3pm. The venue is approximately 2 hours driving time from San Francisco.

**Third**: Please see elsewhere in the newsletter that we are having our Summer Luncheon at Tangerine Restaurant, located in a quiet neighborhood at 16<sup>th</sup> St and Sanchez. Tangerine has won a number of awards for its delicious and creative brunch/lunch items. It is a pleasant setting and we will have the entire restaurant for our group.

**Finally**, our membership chairman reports that we are experiencing a further decline in membership. I hope each of you know that NARFE values your membership and your officers are ready to listen to your concerns and assist you. You may receive a call, note, or email from your officers or other NARFE members, seeking your feedback, suggestions, and thanking you for your membership.

**ALZHEIMER'S: FRANK MORELLI: 1237 Filbert Street, San Francisco, CA 94109-1713; 563-8361**

**Quick Facts Alzheimer's Report 2012**

- **5.4 million** Americans are living with Alzheimer's disease.
- **One in eight** older Americans has Alzheimer's disease.
- Alzheimer's disease is the **sixth-leading cause of death** in the United States and the only cause of death among the top 10 in the United States that cannot be prevented, cured or even slowed.
- More than **15 million Americans provide unpaid care** valued at \$210 billion for persons with Alzheimer's and other dementias.
- Payments for care are estimated to be **\$200 billion** in the United States in 2012.

NARFE – CHAPTER 65  
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**MAY 2012**

**"NARFE - Working for You"**

Visit OUR CHAPTER 65 WEB SITE: (<http://www.narfe65.org>) for more Chapter information, photos, archived newsletter, etc. NATIONAL WEB SITE: (<http://www.narfe.org>); CSFC WEB SITE: (<http://www.csfcnarfe.org>) **NARFE DUES:** Currently National Dues are \$40.00 and Chapter 65 Dues are \$8.00 annually. Mail check for the full \$48.00, along with your **DUES RENEWAL NOTICE**, when you receive it, to NARFE, Membership Services, 606 Washington St, Alexandria, Va. 22314-1914.

**SERVICE OFFICER: DAVID GARCIA 510 235-7750**

Important numbers: OPM 1-888-767-6738 (Administrative Problems); NARFE 1-800-456-8410 (Membership Problems); SOCIAL SECURITY 1-800-772-1213 (Life Cycle Problems ); LTC 1-800 582-3337 (For Applications and Information Kits); OPM Toll Number 1-724-794-5216:

**TREASURER'S REPORT: DIANNE JOSEPH; 179 CHILTON AVE, SF, CA 94131; 334-6380**

Balance on: 03/01/12	\$ 5,614.06
Income	\$ 1,036.36
Expenses	\$ 1,441.24
Balance on: 03/31/12	\$ 5,209.18

**Income breakdown as follows:**

- \$436.36 NARFE Chapter 65 dues from CSFC
- \$585.00 Checks from members attending luncheon March 14
- \$ 15.00 Replacement check from member for returned item

**Expenses breakdown as follows:**

- \$585.00 Credit Card charge for 9 members' registration for National Convention
- \$ 15.00 Returned item
- \$585.00 reimbursement for payment of luncheon
- \$256.24 for March newsletter printing and distribution costs

**MEMBERSHIP: HERMAN BRACEY, 651 COLE ST APT 2, SF, CA. 94117; 668-2337**

A warm WELCOME goes out to our newest member, **Kathy Setian and Nancy Soldevila**. And we thank **Harold I Silk** for reinstating his membership.

**SUMMER LUNCHEON:** Our Summer Luncheon will be held on **Wednesday June 20<sup>th</sup> 1pm.** at Tangerine Restaurant, 3499 16th at Sanchez, one block from Market and one block from Church. A short walk from the F, J, K, L, M trolley lines or the 22, 24, or 37 bus lines. 2 hour parking is normally available within a few blocks of the restaurant. Meals includes: coffee or tea, a salad starter, and a small desert option for \$20 which includes tip and taxes. Wine, beer, and Sake and Soju cocktails are available for purchase at the bar. Please select one of the three lunch items from the following selections: (1) **Zucchini Latke**, with fresh spinach, two poached eggs, and hollandaise sauce. (2) **Grilled Marinated Chicken** with romaine lettuce and Caesar dressing enveloped in a flour tortilla. (3) **Grilled Salmon Panini** on whole wheat bread, with lemon-caper aioli and provolone cheese served with crispy thin French fries.

**=== ALL RESERVATIONS MUST BE RECEIVED BEFORE JUNE 8, 2012 ===**

Mail Reservation coupon and check to: Jerry Hall 229 DE Montfort Ave, San Francisco, CA 94112

Name \_\_\_\_\_ Tel No. \_\_\_\_\_

Address \_\_\_\_\_

Check Choice of Entree: Zucchini Latke [ ] Grilled Marinated Chicken [ ] Grilled Salmon Panini [ ]

Number in Party \_\_\_\_\_ @ \$20.00 each Total Enclosed \$ \_\_\_\_\_

Attach names of guests and their choice of salad and entrée. Make checks payable to **NARFE CHAPTER 65**

**NARFE-PAC COUPON ON PAGE 14 OF MAY ISSUE OF NARFE MAGAZINE**