

SENTINEL

HERMAN BRACEY, EDITOR

Meets 3<sup>rd</sup> Wednesday each month, FOB 90 – 7<sup>th</sup> Street, SF, Lower Level Room B-040; (Civic Center BART station)

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**AUGUST 2011 NEWSLETTER**

**OUR NEXT MEETING IS ON AUGUST 17, 2011 AT FOB, 90 7TH ST,  
EXECUTIVE BOARD MEETING 10:30 AM; 11TH FLOOR RM 11010**

**GENERAL MEETING 1:00 PM - LOWER LEVEL - "RM B-120"**

**PHOTO ID REQUIRED TO ENTER BUILDING.**

**CALENDAR OF EVENTS**

- AUG 17 ALEX LAZAR, EMPLOYEE CONTACT, FROM REP NANCY PELOSI'S OFFICE
- SEP 21 LUNCH AT Caffe BELLA VENEZIA 720 POST STREET
- SEP 24 WALK TO END ALZHEIMER'S - MISSION CREEK PARK, SAN FRANCISCO
- OCT 12 NARFE'S SKY GARDEN GATHERING
- OCT 19 SPEAKER FROM CA TELEPHONE ACCESS PROGRAM

**PRESIDENT: JERRY HALL; 229 De Montfort Ave, SF, CA 94112; 412-0488, fritz1313@hotmail.com**

**GREETINGS AND CONGRATULATIONS TO ALL CHAPTER MEMBERS WITH BIRTHDAYS AND/OR ANNIVERSARIES IN AUGUST...** As the August 2<sup>nd</sup> debt ceiling deadline nears, the inflation protection of

Cost of Living Adjustments has come under attack and we need to be vocal. Sitting back and being the scapegoats for the federal deficit when our benefits are both reasonable and appropriate for the work we perform or performed is both naive and foolish. Hundreds of NARFE members have already responded by telephone and thousands of concerned members of NARFE have used the July 12<sup>th</sup> Protect America's Heartbeat update to send an e-mail to President Obama and the congressional delegations that represent us. Go to the NARFE.org website and send the new letter produced by NARFE as of July 12<sup>th</sup>. It only takes a minute and if you don't, it may cost you thousands in deserved benefits. If you don't have internet access call NARFE's toll free numbers for the **Congress (1-866-220-0044)** and the **White House (1-888-225-8418)** and voice your disapproval of federal workers and retirees being scapegoats for a problem they did not create. Doing nothing sends the wrong message to congress and the president.

Notice how seniors have caused their representatives in both parties to pull back from making those receiving Social Security payments scapegoats for the federal deficit. Making those who receive small benefits for many years of work the cause of the federal deficit is both short sighted, inaccurate, and not the solution to budget deficits. Making the elderly poorer will not help revitalize our economy. Thoughtful federal employees and federal retirees must not simply sit back and let the benefits they worked for be eroded and eliminated. Please send an email or call your representatives this month. Waiting until next month may be too late. Once you lose a benefit, it is rarely returned.

Please make a point of attending our August meeting where a representative from Congresswoman Pelosi's Office will be our featured speaker. Make your voice heard.

On the 21<sup>st</sup> of September we will return to Caffé Bella Venezia at 720 Post Street for a luncheon and social event at 11:30 am. Last year our members very much enjoyed their lunch at the restaurant. Chapter 65 had the whole restaurant and enjoyed a good time and had quality Italian food for a reasonable price. Please look for the coupon in this newsletter. Make your food selection and send in your check for \$20 payable to **NARFE Chapter 65** to Jerry Hall, 229 De Montfort Ave, San Francisco, CA 94112 by September 8th.

**AUGUST SPEAKER, ALEX LAZAR:** is a Constituent Caseworker with the Office of Congresswoman Nancy Pelosi. Mr. Lazar works with constituents of California's 8<sup>th</sup> Congressional District to solve any problems they may have with Federal agencies. Common issue areas are problems in receiving Social Security benefits, delays in Veterans Administration claims, and problems homeowners are facing with loan modifications. Prior to working for Congresswoman Pelosi, Alex worked at De Anza Community College with the Department of Outreach and Relations with Schools. He is an alumnus of the AmeriCorps program "Public Allies," and San Francisco State University.

If you have any questions for Mr. Lazar please come to the meeting or if you can't attend, send your questions to Herman Bracey, 651 Cole ST Apt 2, San Francisco, CA 94117-2849 or email me at hermtaps@sbcglobal.net.

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**AUGUST 2011**

**"NARFE - Working for You"**

Visit OUR CHAPTER 65 WEB SITE: (<http://www.narfe65.org>) for more Chapter information, photos, archived newsletter, etc. NATIONAL WEB SITE: (<http://www.narfe.org>); CSFC WEB SITE: (<http://www.csfcnarfe.org>)  
**NARFE DUES:** Currently National Dues are \$40.00 and Chapter 65 Dues are \$8.00 annually. Mail check for the full \$48.00, along with your **DUES RENEWAL NOTICE**, when you receive it, to NARFE, Membership Services, 606 Washington St, Alexandria, Va. 22314-1914.

**SERVICE OFFICER: DAVID GARCIA 510 235-7750**

Important numbers: OPM 1-888-767-6738 (Administrative Problems); NARFE 1-800-456-8410 (Membership Problems); SOCIAL SECURITY 1-800-772-1213 (Life Cycle Problems ); LTC 1-800 582-3337 (For Applications and Information Kits); OPM Toll Number 1-724-794-5216.

**TREASURER'S REPORT: DIANNE JOSEPH; 179 CHILTON AVE, SF, CA 94131; 334-6380**

Balance on: 6/01/11	\$ 5,270.48
Income	\$ 510.36
Expenses	\$ 264.16
Balance on: 6/30/11	\$ 5,516.68

**SUNSHINE: EDITH HIGA; 566-7358**

Our prayers and condolences go out to the families of our deceased member **William E Healy**.

**MEMBERSHIP: HERMAN BRACEY, 651 COLE ST APT 2, SF, CA. 94117; 668-2337**

We send out a warm **WELCOME** to our newest members **Lynn Hart, Dianne McCutcheon, and Diane Piagneri**.

**ALZHEIMER'S: FRANK MORELLI; 1237 Filbert Street; San Francisco, CA 94109-1713; 563-8361**

We thank **Robert and Joanne Castleton** for their generous contribution to the Alzheimer's Research.

We are trying to determine if there is any interest in forming a NARFE Chapter 65 team to participate in the **Walk to End Alzheimer's** being held on Saturday, September 24<sup>th</sup> starting at 10:00 AM. The walk will originate at Mission Creek Park located at 4<sup>th</sup> & Channel Streets, near AT&T Ball Park. This is a major fund raiser for the Alzheimer's Association of Northern California. Please contact Herman Bracey (415 668-2337) at your earliest convenience if you are interested.

**OUR SUMMER LUNCHEON** is scheduled for **Wednesday September 21, 2011 at Caffé Bella Venezia, 720 Post Street at Jones**. Lunch will be served 12:00 PM. The luncheon is \$20 for a multi-course meal, includes a salad, of home cooked Italian food in a casual setting and the choices of Entrees are **Ravioli Ricotta** (Homemade spinach and ricotta ravioli with fresh tomatoes and basil and mozzarella cheese) **Fusilli Pesto** (Fusilli with chicken, spinach, sun dried tomatoes, pesto, in a parmesan cream sauce) **Rigatoni Norma** (Eggplant ricotta with cheese, basil and red sauce), and **Lasagna**. The desert choices are **Ice Cream/Gelato** (vanilla ice cream topped with chocolate sauce) or **Salame** (Chocolate and almond and walnut biscotti). Coffee and tea are included. All NARFE members and their guests are invited. Please contact Jerry Hall if you have any questions, 415-412-0488. **Parking;** There are parking garages on Geary, Sutter, and on Post between Taylor and Jones. There is on street parking all along Post, Sutter, and Jones in very close proximity of the restaurant. **Public Transportation:** The 2, 3, 27, 38 all come within a block or two of the restaurant.

**PLEASE MAKE YOUR RESERVATIONS EARLY AND USE THE COUPON BELOW!**

**===CUT HERE === SUMMER LUNCHEON RESERVATIONS ===== PLEASE RESPOND BY SEPTEMBER 8, 2011**

**MAIL RESERVATIONS TO JERRY HALL, 229 De Montfort Ave, San Francisco, CA 94112**

NAME \_\_\_\_\_ TEL NO. \_\_\_\_\_

ADDRESS \_\_\_\_\_ ZIP \_\_\_\_\_

CHECK CHOICE OF ENTREE: Ravioli Ricotta [ ] Fusilli Pesto [ ] Rigatoni Norma [ ] Lasagna [ ]

Number in Party \_\_\_\_\_ @ \$20.00 EACH TOTAL ENCLOSED\$ \_\_\_\_\_

ATTACH NAMES OF GUESTS AND THEIR ENTREES. **MAKE CHECKS PAYABLE TO NARFE CHAPTER 65**