

SENTINEL

HERMAN BRACEY, EDITOR

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**JULY 2010 NEWSLETTER**

***NO MEETING THIS MONTH; SEE YOU AT THE LUNCHEON  
CAFFÉ BELLA VENEZIA, 720 POST STREET (near Jones)***

**CALENDAR OF EVENTS**

JUL 21 SUMMER LUNCHEON AT THE CAFFE BELLA VENEZIA (at Post/Jones)  
AUG 18 REGULAR MEETING, PROGRAM TBA  
AUG 29- SEP 2 NARFE 31ST BIENNIAL NATIONAL CONVENTION, GRAND RAPIDS, MI  
SEP 15 REGULAR MEETING, PROGRAM TBA

**PRESIDENT: JERRY HALL; 229 De Montfort Ave, SF, CA 94112; 412-0488, fritz1313@hotmail.com**

**GREETINGS AND CONGRATULATIONS TO ALL CHAPTER MEMBERS WITH BIRTHDAYS AND/OR ANNIVERSARIES IN JULY:** If you act quickly (by the 5<sup>th</sup> of July), there is still time to make your reservation for our July 21<sup>st</sup> luncheon at Caffè Bella Venezia. See menu and instruction in the newsletter. We will have the entire restaurant for ourselves. Lorenzo, the chef and owner, cooks hearty homemade Italian food, just like my Italian grandmother did. We will hold our annual raffle to support those attending NARFE conventions at this event.

Again this year we will make a significant recruitment effort of active federal workers (dates and times are tentative and not yet confirmed) at the 90 Seventh Street Federal Building July 27<sup>th</sup>, 28<sup>th</sup>, and 29<sup>th</sup> from 8:30 AM to 1PM and the 450 Golden Gate Federal Building August 3<sup>rd</sup>, 4<sup>th</sup>, and 5<sup>th</sup> 8:30 AM to 1PM. Please let me know if you can volunteer **at least one hour** on one of the days by sending me an email or calling me to confirm. I am especially looking for **active federal employees** who work in the building so your fellow workers can see your commitment to NARFE. For each new active federal employee that you sign up and who joins, NARFE will send you a check for \$8.00. Sign up ten of your co-workers and you just made \$80.00!

Finally, we will be having another **free afternoon/evening social** in the Sky Garden at the 90 Seventh Street Federal Building in October (details will be available in the September and October newsletters) to celebrate with the new members and encourage all NARFE members who are active federal employees to bring a prospective member to the social. It is your commitment to recruitment that can keep NARFE strong and protect the benefits of federal workers and retirees.

**ALZHEIMER'S: FRANK MORELLI; 1237 Filbert Street; San Francisco, CA 94109-1713; 563-8361**

As we mention in most newsletters, if you wish to make a donation to support programs and services to individuals and families coping with Alzheimer's disease, as well as supporting research efforts to find a cure, please make your donation check payable to "Alzheimer's Association" On the other hand, if you wish your donation to be used solely to support research efforts into finding a cure, please make your check payable to "NARFE-Alzheimer's Research". To insure that your contribution is correctly acknowledged as coming from a NARFE Chapter 65 member write "NARFE-Chapter 65 in the memo section of your check. Mail your donation to me at the above address; I'll forward it to the Alzheimer's Association.

**SUSHINE: EDITH HIGA 566-7358**

Our prayers and condolences go out to the family of ***Marie Souza***.

**MEMBERSHIP: HERMAN BRACEY, 651 COLE ST APT 2, SF, CA. 94117; 668-2337**

A warm WELCOME to: ***Rose A Cabaddu, Marion Chu, Winifred Groux, Susan E Hudson, David Pursley and Rose Yee.***

**ACTION ALERT:** Not too many years ago, OMB Director David Stockman predicted \$200 billion deficits "as far as the eye can see," and budget-cutting took its toll. Now, an unprecedented \$1.4 trillion budget deficit and \$12 trillion national debt (attributed in no part to a federal civilian retirement system that is fully funded and actuarially sound) threaten to undermine everything we've worked for.

This has set up a dangerous situation where a presidential bipartisan commission will soon make recommendations to Congress that could result in higher taxes and huge cuts in government programs, including federal retirement and health benefits. Your retirement annuity COLAs and health insurance will be on the chopping block. What is even more troubling is that congressional leaders have agreed to put the commission's recommendations on a "fast track" procedure that could make our friends in Congress powerless to remove cuts to your earned benefits. **Don't delay -- Urge Congress to Reject Unfair Cuts! Use the NARFE Legislative Action Center today to save your retirement!**

***Margaret L. Baptiste***

JULY 2010

*"NARFE - Working for You"*

Visit OUR CHAPTER 65 WEB SITE: (<http://www.narfe65.org>) for more Chapter information, photos, archived newsletter, etc. NATIONAL WEB SITE: (<http://www.narfe.org>); CSFC WEB SITE: (<http://www.csfcnarfe.org>) **NARFE DUES:** Currently National Dues are \$29.00 and Chapter 65 Dues are \$8.00 annually. Mail check for the full \$37.00, along with your **DUES RENEWAL NOTICE**, when you receive it, to NARFE, Membership Services, 606 Washington St, Alexandria, Va. 22314-1914.

**SERVICE OFFICER: DAVID GARCIA 510 235-7750**

**Important numbers: OPM 1-888-767-6738 (Administrative Problems); NARFE 1-800-456-8410 (Membership Problems); SOCIAL SECURITY 1-800-772-1213 (Life Cycle Problems ); LTC 1-800 582-3337 (For Applications and Information Kits); OPM Toll Number 1-724-794-5216.**

**TREASURER'S REPORT: DIANNE JOSEPH; 179 CHILTON AVE, SF, CA 94131; 334-6380**

Balance on: 05/01/10	\$ 5,027.38
Income	\$ 415.30
Expenses	\$ 351.13
<b>Balance on: 05/31/10</b>	<b>\$ 5,091.55</b>

**FUNDRAISER SUPPORTERS:** Chapter 65 would like to acknowledge and thank all our members who continue to support the July fundraiser and luncheon raffle. The prizes will be awarded at the luncheon on July 21. Although you need not be present to win, we would love to see all of you there to enjoy the food and the camaraderie of your fellow members. Following are the names of the members who have participated in the fundraiser thus far:

**Sumiko Akashi, June Atkinson, Audrey Barrett, Lawrence Blunt, Linda Boyd, Herman Bracey, Robert Castleton, Ana Chavez, Leslie Ching, Edwin Choy, Ursula Clark, Tommie Collie, George Cook, Robert & Helen Cope, Duane Coviello, Michael Crahan, Vurnell Culbert, John Dale, Joseph Daly, Royola Davis, Doris Ervin, Adan Figueroa, Ethel Fisher, Charlie Flewellen, Elizabeth Foree, Ken Fukuda, David Garcia, Barnard Goldberg, Mardina Graham, Julia Gregg, Kathy Guerrero, DorisMarie Hagopian, Jerry Hall, William Heincelman, Edith Higa, Irving Hoffman, Esther Jennings, Dewey Johnson, Ida Mae Jones, Dianne Joseph, Jim Kashiwagi, Isai A Kaufman, Robert Kucich, Sid Lau, Richard Ledon, Miyoko Lee, Dorothy Liston, Thomas Machida, Louise Marcal, Michael Martin, Leo Michelini, Charles Minster, Ada Morales, Frank Morelli, Jack Nayer, Gloria O'Leary, Peter O'Sullivan, Fernando & Heidi Palacios, Lita Peralta, Martin Poon, Deanna Pursley, Michael Radke, Claire Rains, Alma Ramirez, Jane Ramos, Jesse Ramos, Martha Raup, Mary Sandstrom, George Sasaki, Ralph Selleck, Walter Slater, Elizabeth Smith, Joe & Rosie Smith, Martha Soeldner, Eldon Sozzi, Victor Sun, Virginia Sustarich, Jimmie Takeuchi, Mary Taylor, Yolanda Thompson, Joanne Torres, Mary Wallace, Laura Ware, Marvin Whiting, Cheryl Willis, Edward Wong, Pandora Wong, and Charlie Young.**

**OUR SUMMER LUNCHEON** is scheduled for **Wednesday July 21, 2010 at Caffè Bella Venezia, 720 Post Street at Jones**. Lunch will be served 12:00 PM. The luncheon is \$20 for a multi-course meal of home cooked Italian food in a casual setting and the choices of Entrees are **Ravioli Ricotta** (Homemade spinach and ricotta ravioli with fresh tomatoes and basil and mozzarella cheese) **Fusilli Pesto** (Fusilli with chicken, spinach, sun dried tomatoes, pesto, in a parmesan cream sauce) **Penne Boscaiolo** (Penne with chicken, Italian sausage, sun dried tomatoes, and mushrooms in a red sauce) **Fettuccine Mare** (Fettuccine pasta with garlic shrimp, mussels, and calamari in a red sauce) **Pollo Marsala** (Chicken breast and Italian sausage with mushrooms in a marsala wine cream sauce) The desert choices are **Tiramisu** (Savoirdi mascarpone cheese and espresso) or **Salame** (Chocolate and almond and walnut biscotti). Coffee and tea are included. All NARFE members and their guests are invited. Please contact Jerry Hall if you have any questions, 415-412-0488. **Parking;** There are parking garages on Geary, Sutter, and on Post between Taylor and Jones. There is on street parking all along Post, Sutter, and Jones in very close proximity of the restaurant. **Public Transportation:** The 2, 3, 27, 38 all come within a block or two of the restaurant.

**PLEASE MAKE YOUR RESERVATIONS EARLY AND USE THE COUPON BELOW!**

**===CUT HERE === HOLIDAY LUNCHEON RESERVATIONS ===== PLEASE RESPOND BY JULY 5, 2010**

**MAIL RESERVATIONS TO LESLIE CHING, 160 GARDENSIDE DR UNIT 101, SAN FRANCISCO, CA 94131-1328**

NAME \_\_\_\_\_ TEL NO. \_\_\_\_\_

ADDRESS \_\_\_\_\_ ZIP \_\_\_\_\_

CHECK CHOICE OF ENTREE: Ravioli Ricotta [ ] Fusilli Pesto [ ] Penne Boscaiolo [ ] Fettuccine Mare [ ] Pollo Marsala [ ]

Number in Party \_\_\_\_\_ @ \$20.00 EACH TOTAL ENCLOSED\$ \_\_\_\_\_

**ATTACH NAMES OF GUESTS AND THEIR ENTREES. MAKE CHECKS PAYABLE TO NARFE CHAPTER 65**