

**NATIONAL ACTIVE AND RETIRED FEDERAL EMPLOYEES  
SAN FRANCISCO  
CHAPTER 65  
SENTINEL**

**HERMAN BRACEY, EDITOR**

**Meets 3<sup>rd</sup> Wednesday each month, Odd Fellows Hall, 26 – 7<sup>th</sup> Street, near Market, SF**

**PRESIDENT**

Jane Ramos  
826-3337

**1st VICE PRES**

Fran Chan  
771-7892

**2nd VICE PRES**

Beatrice Bertwell  
650 754-9962

**SECRETARY**

Martha Raup  
334-6380

**TREASURER**

Jess Ramos  
826-3337

**EDITOR**

Herman Bracey  
668-2337

**EXEC BOARD**

David Garcia  
Bernard Goldberg  
DorisMarie Hagopian

**SERV OFFICER**

David Garcia  
510 235-7750

**MEMBERSHIP**

Herman Bracey  
668-2337

**LEGISLATION**

Beatrice Bertwell  
650 754-9962

**PUB. RELATIONS**

Jane Ramos  
826-3337

**AUDIT & BUDGET**

Martha Raup  
334-6380

**PROGRAM**

Betty Clark  
239-8702

**SUNSHINE**

Edith Higa  
566-7358

**ALZHEIMER'S**

Jess Ramos  
826-3337

**TELEPHONE**

DorisMarie Hagopian  
776-5199

**BINGO TRES**

Joseph Smith  
650 755 -8261

**WEBMASTERS**

Dianne Joseph  
Martha Raup  
334-6380

**IMM PAST PRES**

Herman Bracey

**Sen. Barbara Boxer**

Senate Office Bldg  
Wash DC 20510  
Phone 1 202 224 3553  
1700 Montgomery St  
SF Ca 94111  
Phone 415 403- 0100

**Sen. Dianne Feinstein**

Senate Office Bldg  
Wash DC 20510  
Phone 1 202 224 3841  
1 Post St Ste 2450  
SF Ca 94104  
Phone 415 393-0707

**Cong. Nancy Pelosi**

House Office Bldg  
Wash DC 20515  
Phone 1 202 225 4965  
450 Golden Gate Ave  
SF Ca 94102  
Phone 415 556-4862

**Cong. Jackie Speier**

House Office Bldg  
Wash DC 20515  
Phone 1 202 225 3531  
400 S El Camino Real  
San Mateo Ca 94402  
Phone 650 375-0300

**NARFE Hot Line**

Ph 1 866-220-0044  
White House  
Ph 1 202 234 1111  
Congress Switchboard  
Ph 1 800 839-5276

**JULY 2008 NEWSLETTER  
THERE IS NO REGULAR MEETING THIS MONTH.  
WE HOPE TO SEE YOU AT SINBAD'S RESTAURANT!**

AUG 20 REGULAR MEETING/PROGRAM TBA  
SEP 7-11 NATIONAL CONVENTION IN LOUISVILLE, KENTUCKY  
MAY 1-3-2009 2<sup>nd</sup> CSFC BIENNIAL CONVENTION CONCORD, CALIFORNIA

**PRESIDENT: JANE RAMOS, 875 SANCHEZ ST., SF, CA. 94114; 826-3337 chilberg@ix.netcom.com**  
**GREETINGS AND CONGRATULATIONS TO ALL CHAPTER MEMBERS WITH BIRTHDAYS AND/OR ANNIVERSARIES IN JULY...** Don't forget our annual summer luncheon July 16; this year it's at Sinbad's Restaurant located at Pier 2, foot of Mission Street, on the Embarcadero in San Francisco, just to the right of the Ferry Building. We're looking forward to a great lunch and our keynote speaker will be H. Ray Harrington, the President of the California State Federation of Chapters. The luncheon is the perfect time to catch up on Chapter 65 news and to renew old friendships and make new ones. After the luncheon, you can explore the Ferry Building and take in some of San Francisco's famous scenery.

At last month's executive board meeting, we were reminded by Harry Wolf, the Public Relations Chair of the State Federation, that one of the big problems looming over federal retirees is the fact that 60% of the federal budget is "entitlements", and this is usually an area that Congress tries to "trim". We must remember how many times our COLA's have been threatened, and that it's important to recognize that we have to involve ourselves over the next several years to protect the benefits we now have.

Chapter 65 officers and members had another opportunity to participate last month, June 10 & 11, in two pre-retirement seminars at the old Federal Building. We were given much better time slots this time and were able to make more comprehensive and unhurried presentations on NARFE to a total of 100 retirement prospects. Our presenters were Herman Bracey, Dennis Setlock, DorisMarie Hagopian and yours truly.

Also, six Chapter members attended the leadership-training seminar in Vacaville on June 9. A thank you to these members who made the trip with me: Charles Minster, Dianne Joseph, Martha Raup, Fran Chan, and Beatrice Bertwell. The seminar was well attended and very informative; we also enjoyed a very nice lunch.

We held a drawing at our June meeting from names submitted at the pre-retirement seminars on June 10 and 11. Cindy Livermore's name was drawn, and she will be receiving a free one-year membership in NARFE. Congratulations! Just remember, we're all recruiters. Talk about NARFE whenever you are out and about - there are over 200,000 federal retirees in California alone - we need all of them to support NARFE.

**ALZHEIMER'S: JESSE RAMOS; 875 SANCHEZ ST., SF, CA. 94114; 826-3333**

In last month's newsletter I wrote about the Alzheimer's Association's annual fundraising event, The Memory Walk. It will be held on Saturday, October 11, on Treasure Island, starting at 9:30 AM. I mentioned that the Memory Walk drew 7,000 participants from all over the Bay Area last year. This year they hope even more folks will decide to participate in the Memory Walk event. In past years, Chapter 65 has managed to pull together a group of members to participate in the Memory Walk event. I think we can do it again this year if we start to plan for it now. If you'd like to lead the effort to put together a team of Chapter 65 members to participate in the 2008 Memory Walk please give me a call. The Alzheimer's Association has staff that is expert at organizing groups and they'll help you through the process to make it happen. Many people will thank you for stepping forward.

The chapter wishes to publicly thank and acknowledge the generous contribution to the Alzheimer's Association from our member Isai Kaufman, as well as the generous contribution from member Robert Castleton to the NARFE-Alzheimer's Research fund. As I mention in every newsletter, if you wish to make a donation to support programs and services to individuals and families coping with Alzheimer's disease, as well as supporting research efforts to find a cure, please make your donation check payable to "Alzheimer's Association". On the other hand, if you wish your donation to be used solely to support research into finding a cure, please make your check payable to "NARFE-Alzheimer's Research" To ensure that your contribution is correctly acknowledged as coming from a NARFE chapter 65 member, write "NARFE - Chapter 65" in the memo section of your check. Mail your donation to me at the above address; I'll then forward it to the Alzheimer's Association.

NARFE – CHAPTER 65  
651 COLE STREET APT 2  
SAN FRANCISCO, CA, 94117-2849

NON-PROFIT ORG.  
U.S. POSTAGE PAID  
Permit No. 9494  
San Francisco, Ca.

**DO NOT DELAY**  
**TIME SENSITIVE MATERIAL**

**JULY 2008**

**Remember....RECRUITING is everyone's job!!**

**NATIONAL WEB SITE:** (<http://www.narfe.org>); **CSFC WEB SITE:** (<http://www.csfcnarfe.org>) **CHAPTER 65 WEB SITE:** (<http://www.narfe65.org>). **NARFE DUES:** Currently National Dues are \$29.00 and Chapter 65 Dues are \$8.00 annually. Mail check for the full \$37.00, along with your **DUES RENEWAL NOTICE**, to NARFE, Membership Services, 606 Washington St, Alexandria, Va. 22314-1914.

**SERVICE OFFICER: DAVID GARCIA 510 235-7750**

**Important numbers: OPM 1-888-767-6738 (Administrative Problems); NARFE 1-800-456-8410 (Membership Problems); SOCIAL SECURITY 1-800-772-1213 (Life Cycle Problems ); LTC 1-800 582-3337 (For Applications and Information Kits); OPM Toll Number 1-724-794-5216)**

**TREASURER'S REPORT: JESSE RAMOS 826-3337**

Balance at 5/1/08	\$5,452.16
Income	\$1,760.04
Expenses	\$ 327.88
Balance at 4/30/08	\$6,884.32

The Chapter received some additional donations to help defray some of the expenses the chapter's delegates will have when attending the NARFE National Convention in Louisville, Kentucky this year. All members who filled out the stubs that were included with our May newsletter will participate in the drawing for cash prizes that will be awarded at the Chapter's summer luncheon at Sinbad's Restaurant on July 16th. You need not be present to win - but come and enjoy good food and fabulous views at this restaurant on the bay, right next to the Ferry Building. Winners not present will be notified by mail or phone. These donations were received as of June 17th.....**Ann Alton, Beatrice Bertwell, Lawrence Blunt, Lee Bushrod, Robert Castleton, Frances Chan, Leslie Ching, Hung Dere, Walter Dow, Sandra Driscoll, Veronica Hennessey, Edith Higa, Ralph Hockley, Ida Jones, Dianne Joseph, Nobuko Kamatani, Richard Ledon, John Lockley, George Louie, Bobbie McGee, Alma Ramirez, Martha Raup, Joseph Smith, Mary Toki, Este White, and Harry Wolf.** We thank you all for your participation in this worthy cause.

**LEGISLATION: BEATRICE BERTWELL; 650-754-9962**

The House will recess for the Independence Day District Work Period after votes on Friday, June 27, and return to Capitol Hill for votes after 6:30 pm on Tuesday, July 8. The Senate is expected to take a similar break. This is an opportunity for NARFE to meet with Members of the Congress in their states and districts. Many Representatives and Senators, especially those facing competitive late primaries or general elections, will attend parades and other public events. Many will host town hall meetings. These Members of Congress well know that federal retirees live in their districts. Some, however, may wonder whether NARFE, the organization which represents them, has a local and active presence. That's why face-to-face meetings by individual NARFE members or a group of members with your Representative, Senators and/or their staff demonstrates our most potent political power – our numbers.

There are at least four good ways to contact congressional offices to learn Members schedules or arrange a meeting: **1)** use the NARFE sponsored toll free number, 1-866-220-0044, to reach the Capitol switchboard and ask for your Representative or either Senator by name, **2)** use the Legislative Action Center on the NARFE web site, [www.narfe.org](http://www.narfe.org), ([www.capwiz.com/narfe](http://www.capwiz.com/narfe)), **3)** use the blue pages of most phone directories or **4)** contact the NARFE legislative staff (703/838-7760 or [leg@narfe.org](mailto:leg@narfe.org)).

**SUNSHINE: Edith Higa, 566-7358**

Our prayers and condolences go out to the families of **Eva Altman, John M Gonzales, and Peter S Sikora**

**MEMBERSHIP: HERMAN BRACEY, 651 COLE ST APT 2, SF, CA. 94117; 668-2337**

A warm welcome to **Rose Aquilina, Rebecca Clark, Patricia Dangerfield, Dianna Dietz, Hose M Gruise, Victoria L Kurtz, Shannon McCarthy, Margaret Santiago, and Benny I Yadao.**

**OUR ANNUAL SUMMER LUNCHEON** is scheduled for **Wednesday July 16, 2008 at Sinbad's Restaurant Pier 2 Embarcadero at Mission.** There will be No Host Cocktails at 11:30 AM with lunch at 12:00 PM. *The cost is \$25.00 for members and \$27.00 for guests.* The choices of Entrees are **Salmon Florentine, Breast of Chicken Piccata, or London Broil.** Luncheon includes Chef Choice of Potatoes or Rice, Vegetable, Bread and Butter, Ice Cream, and Coffee, Tea or Milk. Valet Parking is \$4.00, and Public Transportation is readily available

**PLEASE MAKE YOUR RESERVATIONS EARLY AND USE THE COUPON BELOW!**

===HOLIDAY LUNCHEON RESERVATIONS FOR JULY 16, 2008===== PLEASE RESPOND BY JULY 13, 2008

MAIL RESERVATIONS TO DORISMARIE HAGOPIAN; 1895 Jackson St. Apt 502; SF, CA. 94109-2882

NAME \_\_\_\_\_ TEL NO \_\_\_\_\_

ADDRESS \_\_\_\_\_ ZIP \_\_\_\_\_

NUMBER IN PARTY \_\_\_\_\_ \$25.00/\$27.00 TOTAL ENCLOSED \$ \_\_\_\_\_

ATTACH NAMES OF GUESTS. MAKE CHECKS PAYABLE TO NARFE CHAPTER 65