

**NATIONAL ACTIVE AND RETIRED FEDERAL EMPLOYEES
SAN FRANCISCO
CHAPTER 65
SENTINEL**

HERMAN BRACEY, EDITOR

Meets 3rd Wednesday each month, Odd Fellows Hall, 26 – 7th Street, near Market, SF

PRESIDENT

Jane Ramos
826-3337

1st VICE PRES

Fran Chan
771-7892

2nd VICE PRES

Beatrice Bertwell
650 754-9962

SECRETARY

Martha Raup
334-6380

TREASURER

Jess Ramos
826-3337

EDITOR

Herman Bracey
668-2337

EXEC BOARD

David Garcia
Bernard Goldberg
DorisMarie Hagopian

SERV OFFICER

David Garcia
510 235-7750

MEMBERSHIP

Herman Bracey
668-2337

LEGISLATION

Beatrice Bertwell
650 754-9962

PUB. RELATIONS

Jane Ramos
826-3337

AUDIT & BUDGET

Martha Raup
334-6380

PROGRAM

Betty Clark
239-8702

SUNSHINE

Mary Taylor
661-1476

ALZHEIMER'S

Jess Ramos
826-3337

TELEPHONE

DorisMarie Hagopian
776-5199

BINGO TRES

Joseph Smith
650 755 -8261

WEBMASTERS

Dianne Joseph
Martha Raup
334-6380

IMM PAST PRES

Herman Bracey

Sen. Barbara Boxer

Senate Office Bldg
Wash DC 20510
Phone 1 202 224 3553
1700 Montgomery St
SF Ca 94111
Phone 415 403- 0100

Sen. Dianne Feinstein

Senate Office Bldg
Wash DC 20510
Phone 1 202 224 3841
1 Post St Ste 2450
SF Ca 94104
Phone 415 393-0707

Cong. Nancy Pelosi

House Office Bldg
Wash DC 20515
Phone 1 202 225 4965
450 Golden Gate Ave
SF Ca 94102
Phone 415 556-4862

Cong. Jackie Speier

House Office Bldg
Wash DC 20515
Phone 1 202 225 3531
400 S El Camino Real
San Mateo Ca 94402
Phone 650 375-0300

NARFE Hot Line

Ph 1 866-220-0044
White House
Ph 1 202 234 1111
Congress Switchboard
Ph 1 800 839-5276

JUNE 2008 NEWSLETTER

**OUR NEXT MEETING IS ON JUNE 18, 2008 AT THE ODD FELLOWS HALL, 26 7TH ST, SF
EXECUTIVE BOARD MEETING 10:30 AM; MEMBERSHIP MEETING 1:00 PM 6th FLOOR
SOCIAL HOUR, DOUGHNUTS AND COFFEE, BINGO 11:30 AM
CALENDAR OF EVENTS**

JUN 18 REGULAR MEETING - SPEAKER FROM THE CALIFORNIA ACADEMY OF SCIENCE

JUL 16 SUMMER LUNCHEON AT SINBAD'S RESTAURANT - PIER 2 EMBARCADERO AT MISSION

SEP 7-11 NATIONAL CONVENTION IN LOUISVILLE, KENTUCKY

MAY 1-3-2009 2nd CSFC BIENNIAL CONVENTION CONCORD, CALIFORNIA

PRESIDENT: JANE RAMOS, 875 SANCHEZ ST., SF, CA. 94114; 826-3337 chilberg@ix.netcom.com

GREETINGS AND CONGRATULATIONS TO ALL CHAPTER MEMBERS WITH BIRTHDAYS AND/OR ANNIVERSARIES IN JUNE...

I hope you are all enjoying this very interesting spring. Whatever weather you like, you're sure to get it if you wait a few days! We'll be having a speaker from the California Academy of Sciences in June. The new museum will be opening on September 27 in Golden Gate Park, and promises to be an outstanding museum of science. Come to hear about the unique features it will have and perhaps be convinced to join, if you aren't already a member.

The deadline to sign up to attend the NARFE National Convention in Kentucky (Sept. 7-11) is June 30. So, if you're interested in being a delegate please let me know well before then, or you'll be too late.

Be sure to watch for your June NARFE magazine, and read the article about OPM's proposal to create separate health plans for Medicare-eligible federal annuitants. NARFE is very concerned about this, as you know, because separate does not always mean equal, and often means "worse." Check the NARFE website for more information on this.

A training session is being offered on Leadership Development and will be held in Vacaville on June 9. This training is open to all NARFE members; it's free and includes a free lunch. It will be an excellent session and will cover subjects such as: What makes people follow a leader? Six important things all leaders do. Modern Leadership myths and other related topics. Let me know if you are interested in attending. You will have much to gain. Deadline is June 1.

And finally, thank you for supporting NARFE! We all need to support and help each other to understand the many issues and decisions facing us in retirement as federal retirees and your local NARFE Chapter is a great place to do this!

ALZHEIMER'S: JESSE RAMOS; 826-3333

Have you ever thought of participating in the Memory Walk, the Alzheimer's Association's most important annual fundraising event? It's been an annual event for the last 15 years. This year's Memory Walk will be on Treasure Island in San Francisco Bay, on Saturday, October 11, starting at 9:30 AM. This is not a competitive track meet; it's an event to bring together people who feel strongly that we must as a society bring an end to Alzheimer's disease. Similar Memory Walks are held throughout the country bringing tens of thousands of people (the Bay Area Memory Walk drew 7,000 participants last year) together, creating a national movement committed to finding a cure. If you think you'd like to be a part of this national effort but don't have a way to get to Treasure Island, there will be shuttle buses, starting at 7 AM, and departing every 15 minutes at the Embarcadero and Market street, that will take you to Treasure Island and bring you back for free. What a deal and it's for such a worthy cause. Call me if you want more information.

The Chapter wishes to publicly thank and acknowledge the generous contribution to the Alzheimer's Association from Chapter 65 member Mary Brant. Her gift will enable the Alzheimer's Association to continue reaching out to individuals and families coping with the challenges of caring for someone with Alzheimer's, as well as supporting research efforts to find a cure. As I mention in every newsletter, if you wish to make a donation to support programs and services to individuals and families coping with Alzheimer's disease as well as supporting research efforts to find a cure, please make your donation check payable to "Alzheimer's Association". On the other hand, if you wish your donation to be used solely to support research into finding a cure, please make your check payable to "NARFE-Alzheimer's Research". To ensure that your contribution is correctly acknowledged as coming from a NARFE Chapter 65 member, write "NARFE - Chapter 65" in the memo section of your check. Mail your contribution to me at the above address; I'll then forward it to the Alzheimer's Association.

Please consider joining your fellow San Franciscans at the Moscone Center West - corner of Howard and 4th Streets - on June 19th at noon to rally in support of California's SB 840 and US HR 676, for single payer health insurance and to remove the insurance companies from health care.

NARFE – CHAPTER 65
651 COLE STREET APT 2
SAN FRANCISCO, CA, 94117-2849

NON-PROFIT ORG.
U.S. POSTAGE PAID
Permit No. 9494

DO NOT DELAY
TIME SENSITIVE MATERIAL

JUNE 2008

Remember....RECRUITING is everyone's job!!

NATIONAL WEB SITE: (<http://www.narfe.org>); CSFC WEB SITE: (<http://www.csfcnarfe.org>) CHAPTER 65 WEB SITE: (<http://www.narfe65.org>). NARFE DUES: Currently National Dues are \$29.00 and Chapter 65 Dues are \$8.00 annually. Mail check for the full \$37.00, along with your DUES RENEWAL NOTICE, to NARFE, Membership Services, 606 Washington St, Alexandria, Va. 22314-1914.

SERVICE OFFICER: DAVID GARCIA 510 235-7750

Important numbers: OPM 1-888-767-6738 (Administrative Problems); NARFE 1-800-456-8410 (Membership Problems); SOCIAL SECURITY 1-800-772-1213 (Life Cycle Problems); LTC 1-800 582-3337 (For Applications and Information Kits); OPM Toll Number 1-724-794-5216....)

TREASURER'S REPORT: JESSE RAMOS 826-3337

Balance forward	\$5,370.37
Income	\$ 370.76
Expenses	\$ 288.97
Balance at 4/30/08	\$5,452.16

The Chapter 65 members listed below have generously made a donation to help defray some of the expenses our chapter's delegates will have that will be attending the NARFE National Convention in Louisville, Kentucky this year. The list of donations is as of 5/13/08; I'm sure more will be coming in over the next few weeks. Those members who filled out the stubs that were included with last month's newsletter will participate in the drawing for the cash prizes that will be awarded at the Chapter's summer luncheon on July 16th. You need not be present to win. Winners not present will be notified by mail or phone.... **Marjorie Barnard, Audrey Barrett, Helen Bergero, Linda Boyd, Herman Bracey, John Brady, David Buchendler, Mavis Buchholz, Ana Chavez, Edwin Choy, Tommie Collie, Helen Cope, Duane Coviello, Vurnell Culbert, Joseph Daly, Roger Fahlstrom, Adan Figueroa, Thomas Forbes, Ruben Garcia, Bernard Goldberg, Zane Grimm, Dorismarie Hagopian, William Healey, William Heincelman, Irving Hoffman, Lucille Jackson, Esther Jennings, Clotilde Jobe, Pauline Koptke, Abner Kuperstein, Morris Latimer, Nellie Lau, Miyoko Lee, Daniel Leehane, Irma Leone, Florence Louie, Thomas Machida, Louise Marcal, Jeffrey McNevin, Anna Meadors, Leo Michelini, Charles Minster, Jose Montalvo, Ada Morales, Frank Morelli, Evelyn Morton, Helen Naish, Anne Nannery, Richard Navarro, Robert Nelson, Gloria O'Leary, Phyllis O'Malley, Joseph O'Neill, Peter O'Sullivan, Fernando Palacios, Frank Palumbo, Lita Peralta, Ida Persily, Richard Pisciotta, Michael Radke, Claire Rains, Jane Ramos, Roy Santana, George Sasaki, Mary Scanlon, Ralph Selleck, Walter Slater, Martha Soeldner, Eldon Sozzi, Victor Sun, Virginia Sustarich, Mary Taylor, Yolanda Thompson, Setsuko Toyooka, George Vincenzi, Marjorie Wellington, Marvin Whiting, Pandora Wong, Marguerite Worsley, Carl Yano, Charlie Young**

SUNSHINE: Our prayers and condolences go out to the family of **Tan Q Chin** recently deceased.

MEMBERSHIP: HERMAN BRACEY, 651 COLE ST APT 2, SF, CA. 94117; 668-2337

A warm welcome to **Jerry P Flanzier, Keiko H Kuroiwa, James McCracken, Pauline Pezzolo and Nick Torres.**

OUR ANNUAL SUMMER LUNCHEON is scheduled for **Wednesday July 16, 2008** at **Sinbad's Restaurant Pier 2 Embarcadero at Mission**. There will be No Host Cocktails at 11:30 AM with lunch at 12:00 PM. *The cost is \$25.00 for members and \$27.00 for guests.* The choices of Entrees are **Salmon Florentine, Breast of Chicken Piccata, or London Broil**. Luncheon includes Chef Choice of Potatoes or Rice, Vegetable, Bread and Butter, Ice Cream, and Coffee, Tea or Milk. Valet Parking is \$4.00, and Public Transportation is readily available

PLEASE MAKE YOUR RESERVATIONS EARLY AND USE THE COUPON BELOW!

===CUT HERE === HOLIDAY LUNCHEON RESERVATIONS ===== PLEASE RESPOND BY JULY 13, 2007

MAIL RESERVATIONS TO DORISMARIE HAGOPIAN; 1895 Jackson St. Apt 502; SF, CA. 94109-2882

NAME _____ TEL NO _____

ADDRESS _____ ZIP _____

NUMBER IN PARTY _____ \$25.00/\$27.00 TOTAL ENCLOSED \$ _____

ATTACH NAMES OF GUESTS. MAKE CHECKS PAYABLE TO NARFE CHAPTER 65