

NATIONAL ACTIVE AND RETIRED FEDERAL EMPLOYEES
SAN FRANCISCO
CHAPTER 65
SENTINEL

HERMAN BRACEY, EDITOR

Meets 3rd Wednesday each month, Odd Fellows Hall, 26 – 7th Street, near Market, SF

PRESIDENT

Jane Ramos
826-3337

1st VICE PRES

Fran Chan
771-7892

2nd VICE PRES

Beatrice Bertwell
650 754-9962

SECRETARY

Martha Raup
334-6380

TREASURER

Jess Ramos
826-3337

EDITOR

Herman Bracey
668-2337

EXEC BOARD

David Garcia
Bernard Goldberg
DorisMarie Hagopian

SERV OFFICER

David Garcia
510 235-7750

MEMBERSHIP

Herman Bracey
668-2337

LEGISLATION

Beatrice Bertwell
650 754--9962

PUB. RELATIONS

Jane Ramos
826-3337

AUDIT & BUDGET

Martha Raup
334-6380

PROGRAM

Betty Clark
239-8702

SUNSHINE

Mary Taylor
661-1476

ALZHEIMER'S

Jess Ramos
826-3337

TELEPHONE

DorisMarie Hagopian
776-5199

BINGO TRES

Joseph Smith
650 755 -8261

WEBMASTERS

Dianne Joseph
Martha Raup
334-6380

IMM PAST PRES

Herman Bracey

Sen. Barbara Boxer

Senate Office Bldg
Wash DC 20510
Phone 1 202 224 3553
1700 Montgomery St
SF Ca 94111
Phone 415 403- 0100

Sen. Dianne Feinstein

Senate Office Bldg
Wash DC 20510
Phone 1 202 224 3841
1 Post St Ste 2450
SF Ca 94104
Phone 415 393-0707

Cong. Nancy Pelosi

House Office Bldg
Wash DC 20515
Phone 1 202 225 4965
450 Golden Gate Ave
SF Ca 94102
Phone 415 556-4862

Cong. Tom Lantos

House Office Bldg
Wash DC 20515
Phone 1 202 225 3531
400 S El Camino Real
San Mateo Ca 94402
Phone 650 566-5257

NARFE Hot Line

Ph 1 866-220-0044
White House
Ph 1 202 234 1111
Congress Switchboard
Ph 1 800 839-5276

APRIL 2008 NEWSLETTER

**OUR NEXT MEETING IS ON APRIL 16, 2008 AT THE ODD FELLOWS HALL, 26 7TH ST, SF
EXECUTIVE BOARD MEETING 10:30 AM; MEMBERSHIP MEETING 1:00 PM 6th FLOOR
SOCIAL HOUR, DOUGHNUTS AND COFFEE 11:30 AM
CALENDAR OF EVENTS**

APR 16 REGULAR MEETING/OPM SPEAKER

MAY 21 REGULAR MEETING

JUL 16 SUMMER LUNCHEON AT SINBADS RESTAURANT, FOOT OF MISSION STREET

SEP 7-11 NATIONAL CONVENTION IN LOUISVILLE, KENTUCKY

MAY 1-3-2009 2nd CSFC BIENNIAL CONVENTION CONCORD, CALIFORNIA

PRESIDENT; JANE RAMOS, 875 SANCHEZ ST., SF, CA. 94114; 826-3337; chilbert@ix.netcom.com
**GREETINGS AND CONGRATULATIONS TO ALL CHAPTER MEMBERS WITH BIRTHDAYS AND/OR
ANNIVERSARIES IN APRIL....HAPPY SPRING!**

In March, instead of our regular meeting at the Odd Fellows Hall, Chapter 65 met for lunch at Johnny Foley's Irish restaurant on O'Farrell St, downtown. Attending were: Judy Lynn (District V Vice President), Herman Bracey, Martha Raup, Dianne Joseph, Ruby Dale, Este White, Bea Bertwell, David Still, Michele Cloutier, Charles Minster and his wife, Yong-Soon, Jesse Ramos and myself. Our lunches were delicious, and we all caught up on each others' news. We plan to have more Chapter meetings in the future at restaurants around town just for a change. Bring a friend or a potential NARFE member! And send suggestions for other locations if you have favorites.

Our April meeting will be at our usual location in the Odd Fellows Hall on 7th Street. We'll have coffee and donuts, and lots of information on NARFE. Bring a bag lunch or buy a take out lunch at the new cafe in front of the new Federal Bldg. on Mission and 7th.

Please think about attending the NARFE National Convention in Louisville, KY. It will be held September 7-11 '08, and if you want to go, it's best to reserve your room early. Information is on pages 43-45 in the March NARFE magazine. The Chapter must nominate and approve chapter delegates, but we do have more positions available, because each Chapter is entitled to one delegate for each 50 members. Come to a meeting and meet your officers so we can give you more information!

Here's a gentle reminder to try to leave your NARFE magazines (when you're finished with them) in places where others (federal workers or retirees) might find them. And membership applications are always in the issue itself.

ALZHEIMER'S: JESSE RAMOS; 875 SANCHEZ ST, SF, CA 94114; 826-3337

A Rally Against Proposed Cuts in State Funding for Senior Services is scheduled for April 16. The Alzheimer's Association is asking that persons concerned about the proposed cuts in adult care services, research and caregiver services in next year's state budget join them and other organizations for a protest rally on the steps of the State capitol, north side, L Street, on April 16th, from 12 to 2 PM. As many of you know, one in eight Americans over 65 suffer from Alzheimer's or another type of dementia. In California alone, 450,000 persons fall in that category. The Alzheimer's Association is in the forefront of efforts to maintain an adequate level of support services for persons and families coping with this illness. They need your support to carry on this vital work. Hope you can make it to the rally. For more information on the rally, you can call the Alzheimer's Association's Northern California offices on the peninsula: 650-962-8111.

As I mention every month, the Alzheimer's Association needs our financial support to continue the fight against Alzheimer's disease. If you want your donation used to help families coping with this dreaded disease, as well as to support research efforts to find a cure, please make your check payable to "Alzheimer's Association". On the other hand, if you want your donation used solely to support research into finding a cure, then make your check out to "NARFE-Alzheimer's Research". In either case, write "NARFE-Chapter 65" in the memo section of your check. Mail your contributions to me at the above address; I'll then forward your check to the Alzheimer's Association.

NARFE-PAC: HERMAN BRACEY; 668-2337; hermtaps@sbcglobal.net

For those of our members who have not yet made a contribution to NARFE-PAC this year, the contributor's coupon is on page 26 in April's NARFE Magazine. Our goal is to have 10% of our members become contributors; with 800 members, that means we need at least 80 of you to come through for Chapter 65. I'm sure we can do it! Remember, it's up to each of us to do all we can to protect our earned benefits.

DO NOT DELAY
TIME SENSITIVE MATERIAL

April 2008

Remember....**RECRUITING is everyone's job!!**

NATIONAL WEB SITE: (<http://www.narfe.org>); CSFC WEB SITE: (<http://www.csfcnarfe.org>) CHAPTER 65 WEB SITE: (<http://www.narfe65.org>). NARFE DUES: Currently National Dues are \$29.00 and Chapter 65 Dues are \$8.00 annually. Mail check for the full \$37.00, along with your DUES RENEWAL NOTICE, to NARFE, Membership Services, 606 Washington St, Alexandria, Va. 22314-1914.

SERVICE OFFICER: DAVID GARCIA 510 235-7750

Important numbers: OPM 1-888-767-6738 (Administrative Problems); NARFE 1-800-456-8410 (Membership Problems); SOCIAL SECURITY 1-800-772-1213 (Life Cycle Problems); LTC 1-800 582-3337 (For Applications and Information Kits); OPM Toll Number 1-724-794-5216

LEGISLATION: BEATRICE BERTWELL; 650-754-9962

On April 8 in the special election to fill Representative Lantos' old seat, five candidates will be running: Barry Hermanson, a Green; Jackie Speier and Michelle T. McMurry (a health policy director), both Democrats; also Greg Conlon, (a businessman) and Mike Moloney, (a retired businessman) both Republicans. This election will be a special open primary, meaning that voters can vote for any candidate they choose regardless of party affiliation. If one candidate receives a majority of the vote, there will be no runoff. If no candidate receives a majority, then the candidate from each political party receiving the most votes will be placed on the ballot in a runoff election combined with the June primary. However, this runoff election will only be for Lantos' unexpired term ending on January 3. The usual primary for the two-year term for this Congressional seat will also be held in June. Is it possible that a candidate might run for election and in the primary for the same Congressional District seat at the same time?

With an election year coming up, now is the time to prepare to maximize the influence of NARFE-PAC toward achieving our legislative goals. Maximizing NARFE-PAC requires strong efforts in two areas. **1)** is building our NARFE-PAC account. We must all understand the needs for NARFE-PAC and for maximum participation in PAC funding. We continually ask our legislators in Washington to support this bill or issue or not support another bill or issue. The NARFE-PAC is our way of putting our wallets where our mouths are. We need a well-funded NARFE-PAC to get the attention we so desperately must have in Washington to move our legislative program forward, but we are not buying votes. Our small funding cannot even begin to approach that point. What the NARFE-PAC does is gain access, in other words, get the attention of politicians so that they know we exist and their recognition that our needs are to be considered. All NARFE members must understand that not one penny of their dues money goes to the NARFE-PAC. All funding comes from our individual contributions **2)** is the distribution of NARFE-PAC funds. While the final decision is made at NARFE headquarters, our grassroots organization gives us unique input that headquarters listens to before allocating funds to any candidates. However, this is an extremely time-sensitive matter. When headquarters receives a request for funds from a politician, we must be ready with our input to headquarters right now. That input must be immediately ready to come back up the line. There will not be time to consider whether or not we should recommend for or against funding the request. We must develop our position on Speaker Pelosi by next month so that our input can be immediate.

TREASURER'S REPORT: JESSE RAMOS; 875 SANCHEZ ST. SF. CA 94114; 826-3337

Balance forward	\$5,531.50
Income	820.49
Expenses	972.74
Balance on 3/31/08	\$5,379.25

SUNSHINE:

Our prayers and condolences go out to the families of **Anne Betus and Vivian Sarabia**.

I'm glad to report that **Joseph Smith** is recovering at home after a series of illnesses. He hopes to attend our April meeting.

MEMBERSHIP: HERMAN BRACEY, 651 COLE ST APT 2, SF, CA. 94117; 668-2337

Here's a warm welcome to **Dianne M Brown**.

If you are anything like me you might have thought in retirement you could just kick back and be concerned about very little; let someone else do it. The truth is that kind of thinking is detrimental to our health. We are still a very much a part of life and we must always be willing to embrace life in different ways. I understand that different phases of life require us to develop different skills. Chapter 65 can help you develop those skills and then provide you an opportunity to use them. Why not try reaching out and touching another federal retiree and let them know about our organization.