

NATIONAL ACTIVE AND RETIRED FEDERAL EMPLOYEES
SAN FRANCISCO
CHAPTER 65
SENTINEL

HERMAN BRACEY, EDITOR

Meets 3rd Wednesday each month, Odd Fellows Hall, 26 – 7th Street, near Market, SF

PRESIDENT

Jane Ramos
826-3337

1st VICE PRES

Fran Chan
771-7892

2nd VICE PRES

Beatrice Bertwell
650 754-9962

SECRETARY

Martha Raup
334-6380

TREASURER

Jess Ramos
826-3337

EDITOR

Herman Bracey
668-2337

EXEC BOARD

David Garcia
Bernard Goldberg
DorisMarie Hagopian

SERV OFFICER

David Garcia
510 235-7750

MEMBERSHIP

Herman Bracey
668-2337

LEGISLATION

Beatrice Bertwell
650 754-9962

PUB. RELATIONS

Jane Ramos
826-3337

AUDIT & BUDGET

Martha Raup
334-6380

PROGRAM

Betty Clark
239-8702

SUNSHINE

Mary Taylor
661-1476

ALZHEIMER'S

Jess Ramos
826-3337

TELEPHONE

DorisMarie Hagopian
776-5199

BINGO TRES

Joseph Smith
650 755 -8261

WEBMASTERS

Dianne Joseph
Martha Raup
334-6380

IMM PAST PRES

Herman Bracey

Sen. Barbara Boxer

Senate Office Bldg
Wash DC 20510
Phone 1 202 224 3553
1700 Montgomery St
SF Ca 94111
Phone 415 403- 0100

Sen. Dianne Feinstein

Senate Office Bldg
Wash DC 20510
Phone 1 202 224 3841
1 Post St Ste 2450
SF Ca 94104
Phone 415 393-0707

Cong. Nancy Pelosi

House Office Bldg
Wash DC 20515
Phone 1 202 225 4965
450 Golden Gate Ave
SF Ca 94102
Phone 415 556-4862

Cong. Tom Lantos

House Office Bldg
Wash DC 20515
Phone 1 202 225 3531
400 S El Camino Real
San Mateo Ca 94402
Phone 650 566-5257

NARFE Hot Line

Ph 1 866-220-0044
White House
Ph 1 202 234 1111
Congress Switchboard
Ph 1 800 839-5276

JULY 2007 NEWSLETTER

OUR NEXT MEETING IS ON AUGUST 15, 2007 AT THE ODD FELLOWS HALL, 26 7TH ST, SF
EXECUTIVE BOARD MEETING 10:30 AM; MEMBERSHIP MEETING 1:00 PM 6th FLOOR
SOCIAL HOUR, DOUGHNUTS AND COFFEE, BINGO 11:30 AM
CALENDAR OF EVENTS

SEE YOU AT CAESAR'S ON JULY 18, 2007
FOR OUR SUMMER LUNCHEON!

PRESIDENT: JANE RAMOS, 875 SANCHEZ ST., SF, CA. 94114; 826-3337 chilberg@ix.netcom.com

GREETINGS AND CONGRATULATIONS TO ALL CHAPTER MEMBERS WITH BIRTHDAYS AND/OR ANNIVERSARIES IN JULY.... Don't miss our annual luncheon in July! Join your fellow Chapter 65 members in enjoying delicious food and good company. You still have time to make your reservation -- see the form on the reverse of this letter. Our keynote speaker will be Forney Lundy, Regional Vice President for NARFE Region VIII. He never fails to give a very interesting talk. There are many issues of great importance to federal employees and retirees now, and we all need to be informed so that we can take action to lobby our representatives effectively.

Two of your fellow Chapter 65 members, Fran Chan and David Garcia, attended the California Biennial Convention in Costa Mesa during May 18-20. They provided a report to the membership at our June 20 meeting. Members attending said that Helen Zajac, California Federation President, gave a rousing speech on state NARFE members leading the grassroots lobbying effort. Those Chapter members who have signed up for GEMS reports can read a detailed daily report. If you aren't signed up for GEMS, let me know. You can easily stay connected.

August will be "Lobby Month" - and NARFE members are encouraged to contact their representatives about our legislative priorities - either by telephone or by visiting their district offices while Congress is in recess. You can check NARFE's "hotline" on the website for phrasing of your pitch. You'll feel much better when you've made the contact, because you'll know that you've exercised your rights as an American citizen.

We'd like your input on other issues of importance to both current and retired federal workers. There has been much in the news about the use of political screening tests being used in the hiring for federal jobs, the gutting of the Whistleblower Protection Act, the contracting out to private industry of essentially governmental jobs, the Freedom of Information Act, etc. If you have ideas about these issues or others, send your comments -- we may be able to provide a forum for discussion either during or after our regular monthly meeting. If you know of someone who may be able to participate in a panel discussion, please let me know. We're also pleased to report that we were able to participate in two more pre-retirement seminars at the Federal Office Building at 450 Golden Gate Ave. in June. Herman Bracey, your editor, spoke about NARFE at the session for CSRS employees, and Charles Minster and I spoke at the FERS session the following day. We distributed lots of NARFE information and gathered some names to be entered in a drawing for a free NARFE membership to be held at the June meeting. Historically, the pre-retirement seminars have been one of NARFE's best sources for recruitment.

We have to be vigilant by watching what's happening in Washington as Congress is always looking for ways to reduce the budget and reform social security. We must work to protect our earned benefits. We need to work together and stick together. Happy Summer! We hope you have a wonderful, productive, happy summer. And we hope to see you at a future meeting.

ALZHEIMER'S: JESSE RAMOS, 875 SANCHEZ ST., SF, CA. 94114; 826-3337

In the June issue of our organization's magazine, NARFE, Margaret Baptiste, NARFE's National President, devoted her column to sharing with us what she learned at a Public Policy Forum convened by the Alzheimer's Association in Washington, D.C. Some of the statistics she mentioned have stuck in my mind. For example, because of advances in medicine, the death rates for many illnesses such as stroke, prostate cancer and heart disease declined during the period 2000-2004. However, during the same period, deaths due to Alzheimer's went up 32%, and currently 400,000 new individuals are diagnosed with Alzheimer's every year! This is a terrible illness and we must do all we can to help find a cure.

The Chapter wishes to publicly thank and acknowledge the generous donation from Robert and Joanne Castleton to the NARFE-Alzheimer's Research fund. NARFE has been successful in raising funds to support research toward finding a cure for Alzheimer's, and Chapter 65 members have also supported programs and services for individuals and families coping with Alzheimer's disease. If you can make a contribution and wish it to be used to support programs and services to help those coping with the affects **(continued on back)**

NARFE – CHAPTER 65
651 COLE STREET APT 2
SAN FRANCISCO, CA, 94117-2849

NON-PROFIT ORG.
U.S. POSTAGE PAID
Permit No. 9494
San Francisco, Ca.

DO NOT DELAY
TIME SENSITIVE MATERIAL

July 2007

Remember....RECRUITING is everyone's job!!

NATIONAL WEB SITE: (<http://www.narfe.org>); CSFC WEB SITE: (<http://www.csfcnarfe.org>) CHAPTER 65 WEB SITE: (<http://www.narfe65.org>). NARFE DUES: Currently National Dues are \$29.00 and Chapter 65 Dues are \$8.00 annually. Mail check for the full \$37.00, along with your DUES RENEWAL NOTICE, to NARFE, Membership Services, 606 Washington St, Alexandria, Va. 22314-1914.

(Alzheimer's continued) of Alzheimer's disease, please make your checks payable to "Alzheimer's Association". If you wish to make a donation to be used solely to support Alzheimer's research, please make your check payable to "NARFE - Alzheimer's Research". To ensure that your contribution is correctly acknowledged as coming from a NARFE Chapter 65 member, write "NARFE Chapter 65" in the memo section of your check. Please mail your contributions to me at the above address; I'll then forward your donations to the Alzheimer's Association.

LEGISLATION: BEATRICE BERTWELL, 650 754-9962

This year, NARFE is taking advantage of the month-long Washington recess from August 4th until September 4th and declaring it NARFE Lobby Month. It's none too early now, but not too late, to drop by or phone one of the District Offices of our Representatives and our Senators to set up a meeting with their senior staff persons. And while you're at it, get a list of the town meetings, Labor Day parades, or civic groups where the legislator is scheduled to be during the recess. It might be a good idea to attend one of these events where the Member is scheduled to appear. Just a few minutes of face-to-face time identifying yourself as a NARFE member and citing the fairness issues of our legislative priorities can make an impact. And if you don't think it can, take a minute to read the July magazine's Civics 101 article on page 18. The Legislative Department will send a Membership Action Plan and talking points for August's Lobby Month to federation and chapter presidents and legislative chairs. Talking points and advocacy aids will be posted on our web site at www.narfe.org

Of special note and very great interest, legislation to limit the penalty for late enrollment in Medicare Part B was introduced by Rep. Barney Frank (D-MA.) Rep. Frank's bill, H.R. 2591, was introduced June 6th with 24 original cosponsors.

TREASURER'S REPORT: JESSE RAMOS 826-3337

Balance forward	\$3,769.12
Income	\$ 899.00
Expenses	\$ 318.50
Balance at 5/31/07	\$4,349.62

RAFFLE DONATIONS: JESSE RAMOS, 875 SANCHEZ ST., SF, CA. 94114; 826-3337

We've continued receiving donations to help defray some of the expenses of the Chapter's delegates to the California State Federation of Chapters Convention in Costa Mesa. **Prizes to the lucky donors will be drawn at the July 18, 2007 Chapter 65 Summer Luncheon to be held at Caesar's Italian Restaurant, Bay and Powell Streets.** You need not be present to win; winners will be notified by mail. Below are the names of members whose donations were received between May 9 and June 15: **Alice Baron, Beatrice Bertwell, Lawrence Blunt, Elizabeth Clark, Robert Castleton, Edwin Choy, Hung Dere, Walter Dow, Bernard Goldberg, Ina Hausner, Irving Hoffman, Esther Jennings, Dianne Joseph, Jim Kashiwagi, Richard Ledon, George Louie, Jeffrey McNevin, Virginia March, Richard Martin, Gloria Oleary, Serena O'Sullivan, Alma Ramirez, William Romo, Anna Schmitz, Laura Santiago, Alice Traeg, Mae Wong, Marjorie Wellington, Pandora Wong**

ANNUAL SUMMER LUNCHEON is scheduled for **Wednesday July 18, 2007 at Caesar's Restaurant 2299 Powell Streets at Bay.** There will be No Host Cocktails at 11:30 AM with lunch at 12:30 PM. **The cost is \$26.00 and the choices of Entrees are Veal Parmigiana, Roast Beef Au Jus, Combination Seafood Plate (Scallops, Prawns, and Filet of Sole).** **Valet Parking** is available for \$6.00. **Public Transportation:** **the 15-Third, the F-Market, the 47-Loop and the 30-Stockton all stop nearby.** **Your door prize donations are welcomed.**

PLEASE MAKE YOUR RESERVATIONS EARLY AND USE THE COUPON BELOW!

===CUT HERE === HOLIDAY LUNCHEON RESERVATIONS ===== PLEASE RESPOND BY JULY 16, 2007

MAIL RESERVATIONS TO DORISMARIE HAGOPIAN; 1895 Jackson St. Apt 502; SF, CA. 94109-2882

NAME _____ TEL NO _____

ADDRESS _____ ZIP _____

NUMBER IN PARTY _____ \$26.00 EACH TOTAL ENCLOSED \$ _____

ATTACH NAMES OF GUESTS. MAKE CHECKS PAYABLE TO NARFE CHAPTER 65