

PIER TO PIER WALK AT AQUATIC PARK

Saturday, September 6, 2014

At the lower entrance of Aquatic Park Center, 890 Beach Street

Registration starts at 8:00 AM, Walk starts at 9:00 AM

Free and open to all groups and ages

[Aquatic Park Senior Center](#) (the oldest non-profit senior center in the nation) is promoting outdoor exercise for adults 50+ in the natural beauty of the San Francisco Maritime Historical National Park.

We encourage and welcome diverse walkers of all generations to join us. Walk as a family and educate you and your children about this area's rich Maritime history by Park Rangers, while watching Yoga on the beach, listening to music or maybe joining a Zumba class.

Walking the Municipal Pier to the Hyde Street Pier, our morning route, is approximately one mile. However, you can walk as many times as you choose or as far as you want. There are breathtaking views of Marin County and both Angel and Alcatraz Islands. Plus view all of the Maritime ships on the Hyde Street Pier.

Come join us on Saturday September 6th as we celebrate healthy aging in the great outdoors!